

Unity CO-ED Invite 2025 - 4/15/2025

De Valois Stadium

Results - Unity Co-Ed

Girls 100 Meter Dash Varsity

High School: 12.28 * 2023 Tierney Huss

Name	School	Finals
Finals		
1 Harder, Mackenzie	Storm Lake	12.45 10
2 Tooker, Kaleigh	Moc-Fv	12.62 8
3 Barrow, Jaida	Unity Chrst,	14.25 6
4 Hoogland, Maddie	Unity Chrst,	14.39 4
5 Wrather, Isabella	Moc-Fv	14.44 2
6 Fredricksen, Aliah	Whiting	14.54 1
7 Thao, Nina	Storm Lake	15.17
8 Crichton, Hadley	Sibley-Ochey	15.27
9 Van Es, Lindsey	Hm-Sanborn	15.37
10 Stammer, Eva	Hm-Sanborn	15.51
11 McGrain, Maisy	Whiting	17.43

Girls 200 Meter Dash Varsity

High School: 25.56 * 4/15/2025 Mackenzie Harder

Name	School	Finals
Finals		
1 Harder, Mackenzie	Storm Lake	25.56* 10
2 Dykstra, Avery	Western Chri	27.87 8
3 Groeneweg, Paisley	Western Chri	29.30 6
4 Van Zee, Eliana	Moc-Fv	29.63 4
5 Gacke, Hailey	Sibley-Ochey	30.39 2
6 Stammer, Eva	Hm-Sanborn	31.47 1
7 Fredricksen, Aliah	Whiting	31.90
8 Robinson, Ella	Storm Lake	31.95
9 Vazquez, Sherlyn	Moc-Fv	31.99
10 Van Es, Lindsey	Hm-Sanborn	32.69
11 Crichton, Hadley	Sibley-Ochey	32.76
12 McGrain, Maisy	Whiting	36.23

Girls 400 Meter Dash Varsity

High School: 1:00.24 * 2019 Mikayla Turek

Name	School	Finals
Finals		
1 Harder, Mackenzie	Storm Lake	1:01.18 10
2 De Groot, Kyrin	Western Chri	1:05.25 8
3 Pohlen, Mya	Sibley-Ochey	1:05.99 6
4 Hulst, Makenzie	Moc-Fv	1:07.72 4
5 Visser, Marielle	Unity Chrst,	1:09.40 2
6 Herda, Kendall	Moc-Fv	1:09.84 1
7 Henning, Presley	Sibley-Ochey	1:19.79

Girls 800 Meter Run Varsity

High School: 2:15.99 * 2023 Madison Brouwer

Name	School	Finals
Finals		
1 Anderson, Natalie	Moc-Fv	2:33.25 10
2 Kenkel, Grace	Storm Lake	2:35.92 8
3 Noteboom, Emily	Unity Chrst,	2:38.86 6
4 Van't Hul, Addi	Western Chri	2:40.29 4
5 Young, Katie	Unity Chrst,	2:41.61 2
6 Gutierrez, Jennifer	Storm Lake	2:52.21 1

7 Rosenberg, Erika	Sibley-Ochey	3:12.36
8 Henning, Presley	Sibley-Ochey	3:26.28

Girls 1500 Meter Run Varsity

High School: 4:54.01 * 2023 Madison Brouwer

Name	School	Finals
Finals		
1 Liston, Addison	Unity Chrst,	5:06.11 10
2 May, Sarah	Moc-Fv	5:10.95 8
3 Hoogland, Elizabeth	Unity Chrst,	5:20.87 6
4 Kampbell, Silvia	Storm Lake	5:22.35 4
5 Mouw, Taylin	Moc-Fv	5:31.98 2

Girls 3000 Meter Run Varsity

High School: 10:26.88 * 2013 Leah Seivert

Name	School	Finals
Finals		
1 Anderson, Natalie	Moc-Fv	11:10.57 10
2 Kampbell, Silvia	Storm Lake	11:16.07 8
3 Young, Katie	Unity Chrst,	11:25.59 6
4 Haverdink, Rachel	Moc-Fv	12:26.08 4

Girls 100 Meter Hurdles Varsity

High School: 16.37 * 4/15/2025 Brielle Hoegh

Name	School	Finals
Finals		
1 Hoegh, Brielle	Moc-Fv	16.37* 10
2 Verschuure, Maggie	Moc-Fv	17.46 8
3 Sayler, Grace	Sibley-Ochey	18.63 6
4 Hulshof, Cheyenne	Unity Chrst,	19.30 4
5 Vis, Joslyn	Unity Chrst,	19.38 2
6 Wallenburg, Mya	Western Chri	20.42 1
7 Wedge, Allison	Sibley-Ochey	20.60
8 Chanthavong, Ayviana	Storm Lake	23.76
9 Diaz, Jessica	Hm-Sanborn	23.97
10 Xiong, Kaitlyn	Storm Lake	25.97
--- Vander Ploeg, Karli	Moc-Fv	X20.03
--- Medenwaldt, Thalia	Moc-Fv	X20.61
--- Fleming, Jersey	Moc-Fv	X21.39

Girls 400 Meter Hurdles Varsity

High School: 1:08.32 * 2019 Mikayla Turek

Name	School	Finals
Finals		
1 Hulshof, Cheyenne	Unity Chrst,	1:12.81 10
2 Pohlen, Mya	Sibley-Ochey	1:15.21 8
3 Van Der Werff, Elin	Moc-Fv	1:16.05 6
4 Langstraat, Addy	Sibley-Ochey	1:19.06 4

Girls 4x100 Meter Relay Varsity

High School: 50.30 * 2024 MOC-FV

Team	Relay	Finals
Finals		
1 Moc-Fv	A	51.06 10
1) McCarty, Devyrin	2) Hoegh, Brielle	
3) McEwen, Maggie	4) Tooker, Kaleigh	

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Results - Unity Co-Ed

Finals ... (Girls 4x100 Meter Relay Varsity)

Team	Relay	Finals
2 Hm-Sanborn	A	55.25 8
1) Diehm, Payton	2) Ebel, Keely	
3) Ebel, Kamryn	4) Mutombo, Pamela	
3 Unity Chrst, OC	A	55.39 6
1) Baart, Eve	2) Van Roekel, Brenna	
3) Tinklenberg, Daylea	4) Hoogland, Maddie	
4 Sibley-Ocheyedan	A	56.90 4
1) Childs, Riley	2) Marco, Lillie	
3) Wedge, Allison	4) Saylor, Grace	
5 Storm Lake	A	57.55 2
1) McCoy, Zoe	2) Xiong, Kaitlyn	
3) Thao, Nina	4) Felton, Avery	

Girls 4x200 Meter Relay Varsity

High School: 1:46.46 * 4/15/2025 MOC-FV

D McCarty, M McEwen, A Jeltema, K Tooker

Team	Relay	Finals
1 Moc-Fv	A	1:46.46* 10
1) McCarty, Devirynd	2) McEwen, Maggie	
3) Jeltema, Ady	4) Tooker, Kaleigh	
2 Western Christ	A	1:57.17 8
1) Dykstra, Avery	2) Hanson, Ava	
3) Groeneweg, Paisley	4) Van't Hul, Addi	
3 Hm-Sanborn	A	1:57.76 6
1) Diehm, Payton	2) Ebel, Keely	
3) Ebel, Kamryn	4) Mutombo, Pamela	
4 Storm Lake	A	2:04.07 4
1) Thao, Nina	2) McCoy, Zoe	
3) Robinson, Ella	4) Xiong, Kaitlyn	

Girls 4x400 Meter Relay Varsity

High School: 4:10.42 * 2019 Western Christian

Team	Relay	Finals
1 Moc-Fv	A	4:21.55 10
1) Fernstrum, Kennedy	2) Kleinhesselink, Kate	
3) Konz, Brooklyn	4) Hulst, Makenzie	
2 Western Christ	A	4:22.29 8
1) Dykstra, Avery	2) De Groot, Kyrin	
3) Groeneweg, Paisley	4) Van't Hul, Addi	
3 Unity Chrst, OC	A	4:22.63 6
1) De Groot, Morgan	2) Barrow, Jaida	
3) Landman, Ava	4) Liston, Addison	
4 Sibley-Ocheyedan	A	4:29.50 4
1) Childs, Riley	2) Gacke, Hailey	
3) Marco, Aleah	4) Pohlen, Mya	
5 Hm-Sanborn	A	4:43.46 2
1) Ebel, Keely	2) Ebel, Kamryn	
3) Vargas, Laura	4) Mutombo, Pamela	

Girls 4x800 Meter Relay Varsity

High School: 10:03.45 * 2019

Western Christian

Team	Relay	Finals
1 Western Christ	A	10:16.55 10
1) De Groot, Kyrin	2) Dykstra, Avery	
3) Kooiman, Morgan	4) Van't Hul, Addi	
2 Moc-Fv	A	10:47.59 8
1) Fernstrum, Kennedy	2) Van Der Werff, Elin	
3) Mouw, Taylin	4) Gutierrez, Adriana	
3 Unity Chrst, OC	A	11:08.51 6
1) Van Grouw, Kate	2) De Jong, Jaidyn	
3) Brommer, Millie	4) Hoogland, Elizabeth	

Girls 800 Sprint Medley Varsity

High School: 1:51.19 * 2023

MOC-FV

Team	Relay	Finals
1 Moc-Fv	A	1:54.31 10
1) Bahrke, Olyvia	2) McEwen, Maggie	
3) Tooker, Kaleigh	4) Jeltema, Ady	
2 Hm-Sanborn	A	2:03.41 8
1) Diehm, Payton	2) Ebel, Kamryn	
3) Mutombo, Pamela	4) Ebel, Keely	
3 Unity Chrst, OC	A	2:03.74 6
1) Kroeze, Annika	2) Van Roekel, Brenna	
3) Dekkers, Kambrie	4) De Groot, Morgan	
4 Sibley-Ocheyedan	A	2:05.01 4
1) Saylor, Grace	2) Marco, Lillie	
3) Gacke, Hailey	4) Childs, Riley	
5 Storm Lake	A	2:12.83 2
1) McCoy, Zoe	2) Robinson, Ella	
3) Kenkel, Grace	4) Felton, Avery	

Girls Distance Medley Varsity

High School: 4:25.22 * 4/15/2025 Unity Chrst, OC

A Landman, J Barrow, E Noteboom, A Liston

Team	Relay	Finals
1 Unity Chrst, OC	A	4:25.22* 10
1) Landman, Ava	2) Barrow, Jaida	
3) Noteboom, Emily	4) Liston, Addison	
2 Moc-Fv	A	4:26.50 8
1) Bahrke, Olyvia	2) Van Zee, Eliana	
3) Kleinhesselink, Kate	4) May, Sarah	
3 Sibley-Ocheyedan	A	4:57.44 6
1) Childs, Riley	2) Marco, Lillie	
3) Langstraat, Addy	4) Marco, Aleah	
4 Storm Lake	A	4:58.10 4
1) Robinson, Ella	2) McCoy, Zoe	
3) Kampbell, Silvia	4) Gutierrez, Jennifer	

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Girls 4x100 Meter Shuttle Hurdle Varsity

High School: 1:10.70 * 2015 Sibley-Ocheyedan

Team	Relay	Finals
Finals		
1 Moc-Fv	A	1:13.59 10
1) Hoekstra, Emily	2) Verschuure, Maggie	
3) Vander Ploeg, Karli	4) Hoegh, Brielle	
2 Sibley-Ocheyedan	A	1:21.02 8
1) Saylor, Grace	2) Gacke, Hailey	
3) Wedge, Allison	4) Langstraat, Addy	
3 Storm Lake	A	1:33.57 6
1) Xiong, Kaitlyn	2) Gutierrez, Jennifer	
3) Thao, Nina	4) Yang, Jamie	

Girls High Jump Varsity

High School: 5-04 * 2022 Molly Zylstra, Alexis Conway

Name	School	Finals
Finals		
1 Chanthapangna, Melanie	Storm Lake	5-01.00 10
2 Hoegh, Brielle	Moc-Fv	5-00.00 8
3 Hoogland, Maddie	Unity Chrst,	4-10.00 6
4 Gulker, Mylie	Western Chri	J4-10.00 4
5 Hulshof, Cheyenne	Unity Chrst,	4-08.00 2
6 Gilmore, Zoey	Moc-Fv	4-06.00 1
7 Langstraat, Addy	Sibley-Ochey	J4-06.00
--- Fredricksen, Aliah	Whiting	NH

Girls Long Jump Varsity

High School: 18-11 * 4/15/2025 Mackenzie Harder

Name	School	Finals
Finals		
1 Harder, Mackenzie	Storm Lake	18-11.00* 10
2 McCarty, Deviryn	Moc-Fv	16-02.00 8
3 Vargas, Laura	Hm-Sanborn	14-03.00 6
4 Fredricksen, Aliah	Whiting	14-02.50 4
5 McGrain, Maisy	Whiting	9-11.00 2

Girls Shot Put Varsity

High School: 41-05 * 4/15/2025 Miya Schrock

Name	School	Finals
Finals		
1 Schrock, Miya	Unity Chrst,	41-05.00* 10
2 Hettinga, Madison	Moc-Fv	36-00.00 8
3 Wallinga, Abby	Moc-Fv	35-01.00 6
4 Vander Pol, Kyra	Western Chri	33-11.50 4
5 Blied, Bentley	Western Chri	31-09.75 2
6 Wilson, Cammy	Hm-Sanborn	28-09.50 1
7 Murphy, Olivia	Unity Chrst,	27-06.50
8 Shriver, Ava	Hm-Sanborn	25-05.00

Girls Discus Throw Varsity

High School: 142-07 * 2013 Brook Jacobsma

Name	School	Finals
Finals		
1 Hettinga, Madison	Moc-Fv	125-00 10
2 Wallinga, Abby	Moc-Fv	114-00 8

3 Blied, Bentley	Western Chri	100-04 6
4 Vander Pol, Kyra	Western Chri	96-05 4
5 Schrock, Miya	Unity Chrst,	79-10 2
6 Tinklenberg, Daylea	Unity Chrst,	76-10 1
7 Wilson, Cammy	Hm-Sanborn	74-00
8 Crichton, Hadley	Sibley-Ochey	72-09

Girls 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Hoekstra, Emily	Moc-Fv	14.53
2 Vis, Joslyn	Unity Chrst,	14.66
3 Tinklenberg, Daylea	Unity Chrst,	14.67
4 De Young, Bella	Moc-Fv	15.09
5 Wallenburg, Mya	Western Chri	15.79
6 Hanson, Ava	Western Chri	15.80
7 Dolphin, Kynlee	Hm-Sanborn	16.33
--- Fleming, Jersey	Moc-Fv	NT
--- Vander Ploeg, Karli	Moc-Fv	NT
--- Vazquez, Sherlyn	Moc-Fv	NT
--- Van Zee, Sarae	Moc-Fv	NT
--- Yang, Jamie	Storm Lake	NT
--- Khang, Dachia	Storm Lake	NT
--- Schmillen, Lexi	Hm-Sanborn	NT

Girls 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Cleveringa, Morgan	Moc-Fv	2:51.93
2 Bilby, Jada	Moc-Fv	2:58.13
3 Van Ommeren, Kandace	Moc-Fv	x3:03.23
4 Cooley, Anne	Unity Chrst,	3:11.35

Girls 1500 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Vaas, Elizabeth	Moc-Fv	5:57.34
2 Brommer, Millie	Unity Chrst,	6:06.56
3 TeKrony, Elena	Unity Chrst,	6:29.68

Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Moc-Fv	A	55.61
1) Van Zee, Sarae	2) Verschuure, Maggie	
3) Van Zee, Eliana	4) Gilmore, Zoey	
2 Moc-Fv	B	x57.58
3 Unity Chrst, OC	A	59.55
1) Vis, Joslyn	2) Kooima, Rilee	
3) Vis, Cambrie	4) Freese, Caitlyn	
4 Hm-Sanborn	A	1:03.59
1) Diaz, Jamie	2) Diaz, Jessica	
3) Dolphin, Kynlee	4) Shriver, Ava	
5 Storm Lake	A	1:09.38
1) Kim, Lhing	2) Khaoorn, Leah	
3) Yang, Jaia	4) Jimenez, Ana	

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Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Unity Chrst, OC	A	2:02.83
1) Vis, Cambrie	2) Ochsner, Kira	
3) Altena, Reagan	4) Terpstra, Sophia	
2 Hm-Sanborn	A	2:02.84
1) Van Es, Lindsey	2) Vargas, Laura	
3) Stammer, Eva	4) Schmillen, Lexi	
3 Moc-Fv	B	x2:03.67
4 Moc-Fv	A	2:04.33
1) Van Zee, Sarae	2) Fleming, Jersey	
3) Vazquez, Sherlyn	4) Medenwaldt, Thalia	
5 Storm Lake	A	2:22.66
1) Yang, Jamie	2) Kim, Lhing	
3) Felton, Avery	4) Khang, Dachia	

Girls High Jump Junior Varsity

Name	School	Finals
Finals		
--- Vis, Cambrie	Unity Chrst,	NH

Girls Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Bundt, Evelyn	Moc-Fv	32-03.00
2 Weber, Emma	Moc-Fv	30-09.00
3 Simmelink, Hazel	Moc-Fv	x30-02.00
4 Dykstra, Kaylee	Unity Chrst,	23-08.00
5 Hanson, Ava	Western Chri	21-02.00
6 Harders-Morfitt, Mia	Hm-Sanborn	19-11.00

Girls Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Bundt, Evelyn	Moc-Fv	94-10
2 Weber, Emma	Moc-Fv	94-06
3 Simmelink, Hazel	Moc-Fv	x85-02
4 Murphy, Olivia	Unity Chrst,	82-01
5 Dykstra, Kaylee	Unity Chrst,	74-10
6 Oordt, Jenna	Unity Chrst,	x70-10

Boys 100 Meter Dash Varsity

High School:	11.23 * 2022	Carter Bultman
Name	School	Finals
Finals		
1 Weno, Garbieno	Storm Lake	11.49 10
2 Lopez, Braylon	W Sioux Hwar	11.52 8
3 Breen, Jacob	Unity Chrst,	12.05 6
4 Groeneweg, Ty	Western Chri	12.14 4
5 Fedders, Korver	Moc-Fv	12.28 2
6 Gulker, Jackson	Western Chri	12.33 1
7 Lopez, Leandro	W Sioux Hwar	12.38
8 Heilman, Luke	Sibley-Ochey	12.39
9 Carmichael, Chase	Moc-Fv	12.44
10 Garcia, Azael	Storm Lake	12.81

11 Ohama, Sota	Whiting	14.45
--- Marco, Dominic	Sibley-Ochey	DNF

Boys 200 Meter Dash Varsity

High School:	22.79 * 2021	Logan Franken
Name	School	Finals
Finals		
1 Weno, Garbieno	Storm Lake	22.84 10
2 Rozeboom, Tristan	Western Chri	23.84 8
3 Kauffman, Hunter	Sibley-Ochey	24.53 6
4 Kreykes, Dawson	Sibley-Ochey	24.60 4
5 Brands, Gavin	Western Chri	24.64 2
6 Grotluschen, Caleb	Hm-Sanborn	24.78 1
7 Machado, Andre	Storm Lake	24.85
8 Feenstra, Jackson	Moc-Fv	25.12
9 Reinke, Jordan	Unity Chrst,	25.18
10 Bethune, Cole	Whiting	25.84
11 Moss, Talon	Moc-Fv	25.94
12 De Boer, Trevan	Unity Chrst,	27.19
13 Douma, Caden	Hm-Sanborn	27.34
14 Mora, Chris	W Sioux Hwar	28.46
15 Ohama, Sota	Whiting	29.04

Boys 400 Meter Dash Varsity

High School:	51.21 * 2016	David Tucker
Name	School	Finals
Finals		
1 Foreman, Carson	Unity Chrst,	52.64 10
2 Rozeboom, Tristan	Western Chri	53.20 8
3 Van Ravenhorst, Logan	Moc-Fv	53.61 6
4 Kreykes, Dawson	Sibley-Ochey	53.65 4
5 Brands, Gavin	Western Chri	54.63 2
6 Vos, Carter	Sibley-Ochey	55.98 1
7 Van Zee, Alex	Moc-Fv	58.22
8 Moret, Greyson	Unity Chrst,	58.23
9 Tapia, Cesar	Storm Lake	59.75
10 Schwint, John	Storm Lake	1:03.34
11 Schoppman, Jamison	W Sioux Hwar	1:08.69
12 Franco, Salvador	W Sioux Hwar	1:15.74
13 Rich, Isaac	Whiting	1:20.00

Boys 800 Meter Run Varsity

High School:	1:53.99 * 4/15/2025	James Foreman
Name	School	Finals
Finals		
1 Foreman, James	Unity Chrst,	1:53.99* 10
2 Poppen, David	Sibley-Ochey	2:05.54 8
3 Hummel, Isaac	Moc-Fv	2:05.61 6
4 Doughan, Thatcher	Moc-Fv	2:06.16 4
5 Ramirez-Parra, Joel	Storm Lake	2:18.29 2
6 Dodge, Damian	Hm-Sanborn	2:26.44 1
7 Dellavedova, Simone	Hm-Sanborn	2:27.51
8 Rodriguez, Teofilo	Storm Lake	2:29.92

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Results - Unity Co-Ed

Boys 1600 Meter Run Varsity

High School: 4:37.89 * 2024 Ben Byers

Name	School	Finals
Finals		
1 Byers, Ben	Sibley-Ochey	4:44.68 10
2 Van Der Werff, Ian	Moc-Fv	4:45.97 8
3 Doughan, Thatcher	Moc-Fv	4:46.01 6
4 Dykstra, Cole	Sibley-Ochey	4:57.00 4
5 Ortega, Alexander	Storm Lake	5:01.34 2
6 Van Beek, Caleb	Western Chri	5:11.65 1
7 Mills, Jacob	Storm Lake	5:13.00
8 Monroe, Calum	Unity Chrst,	5:14.81
9 Breems, William	Unity Chrst,	5:15.23
10 Teal, Easton	Hm-Sanborn	5:32.94
11 Dellavedova, Simone	Hm-Sanborn	6:10.05
12 Hansen, Owen	W Sioux Hwar	6:26.48

Boys 3200 Meter Run Varsity

High School: 10:13.67 * 4/15/2025 Joel Ramirez-Parra

Name	School	Finals
Finals		
1 Ramirez-Parra, Joel	Storm Lake	10:13.67* 10
2 Hummel, Isaac	Moc-Fv	10:25.71 8
3 Ortega, Alexander	Storm Lake	10:38.71 6
4 Schmidt, Micah	Moc-Fv	10:50.25 4
5 Van Beek, Caleb	Western Chri	10:58.99 2
6 Teal, Easton	Hm-Sanborn	12:13.56 1
7 Vos, Triston	Sibley-Ochey	12:33.85

Boys 110 Meter Hurdles Varsity

High School: 15.39 * 4/15/2025 Conner Vander Ploeg

Name	School	Finals
Finals		
1 Vander Ploeg, Conner	Moc-Fv	15.39* 10
2 Maasdam, Dylan	Moc-Fv	15.84 8
3 Finster, Blaine	Hm-Sanborn	20.45 6
4 Terpstra, Andrew	Unity Chrst,	20.83 4
5 Zearing, Talan	Hm-Sanborn	21.36 2

Boys 400 Meter Hurdles Varsity

High School: 54.61 * 4/15/2025 Tate Marco

Name	School	Finals
Finals		
1 Marco, Tate	Sibley-Ochey	54.61* 10
2 Van Gelder, Braylon	Moc-Fv	1:01.95 8
3 Finster, Blaine	Hm-Sanborn	1:06.00 6
4 Brennan, Cody	Moc-Fv	1:06.74 4
5 Terpstra, Andrew	Unity Chrst,	1:06.74 2
6 Morton, Peyton	Hm-Sanborn	1:12.91 1

Boys 4x100 Meter Relay Varsity

High School: 43.84 * 2021 Unity Christian

Team	Relay	Finals
Finals		
1 Moc-Fv	A	44.14 10
1) Maasdam, Dylan	2) Koerselman, Dalton	
3) Kleinhesselink, Hudson	4) Van Zee, Albear	
2 W Sioux Hwardn	A	45.33 8
1) Lopez, Braylon	2) Koopmans, Kolton	
3) Lopez, Leandro	4) VanBeek, Kendrin	
3 Western Christ	A	46.10 6
1) DeJager, Kaden	2) Groeneweg, Ty	
3) Gulker, Jackson	4) Rozeboom, Tristan	
4 Storm Lake	A	46.89 4
1) Chaiyawong, Sitah	2) Azurdia, Brandyn	
3) Machado, Andre	4) Weno, Garbieno	
5 Unity Chrst, OC	A	47.54 2
1) Breen, Jacob	2) Winterfeld, Keagen	
3) Huisman, Kash	4) Smit, Kolton	
6 Hm-Sanborn	A	49.86 1
1) Moore, Braydean	2) Schierholtz, Isaac	
3) Carlin, James	4) Grotluschen, Caleb	
7 Sibley-Ocheyedan	A	50.29
1) Sayler, Levi	2) Kauffman, Hunter	
3) Bevers, Gabe	4) Heilman, Luke	

Boys 4x200 Meter Relay Varsity

High School: 1:32.17 * 2021 Unity Christian

Team	Relay	Finals
Finals		
1 Moc-Fv	A	1:32.19 10
1) Van Zee, Albear	2) Kleinhesselink, Hudson	
3) Koerselman, Dalton	4) Katt, Cooper	
2 Western Christ	A	1:34.75 8
1) Bakker, Japen	2) Groeneweg, Ty	
3) Gulker, Jackson	4) DeJager, Kaden	
3 Storm Lake	A	1:35.16 6
1) Azurdia, Brandyn	2) Weno, Garbieno	
3) Chaiyawong, Sitah	4) Machado, Andre	
4 Unity Chrst, OC	A	1:36.00 4
1) Smit, Kolton	2) Winterfeld, Keagen	
3) Huisman, Kash	4) Wynia, Josiah	
5 W Sioux Hwardn	A	1:36.12 2
1) Lopez, Braylon	2) Koopmans, Kolton	
3) Anderson, Cooper	4) VanBeek, Kendrin	
6 Sibley-Ocheyedan	A	1:43.70 1
1) Sayler, Eljiah	2) Sayler, Levi	
3) Wingate, Tristen	4) Bevers, Gabe	
7 Hm-Sanborn	A	1:44.73
1) Moore, Braydean	2) Douma, Caden	
3) Octmann, Mattis	4) Dolphin, Carter	

Unity CO-ED Invite 2025 - 4/15/2025

De Valois Stadium

Results - Unity Co-Ed

Boys 4x400 Meter Relay Varsity

High School: 3:29.19 * 2015

Sibley-Ocheyedan

Team	Relay	Finals
Finals		
1 Moc-Fv	A	3:36.51 10
1) Van Zee, Albear	2) Aalbers, Blake	
3) Van Ravenhorst, Logan	4) Katt, Cooper	
2 Sibley-Ocheyedan	A	3:43.15 8
1) Kleinwolterink, Eric	2) Vos, Carter	
3) Reiter, Cale	4) Poppen, David	
3 Hm-Sanborn	A	3:54.93 6
1) Dolphin, Carter	2) Carlin, James	
3) Grotluschen, Ryan	4) Dodge, Damian	
4 Storm Lake	A	4:04.28 4
1) Ramirez-Parra, Joel	2) Jacuinde-Mellado, Raul	
3) Sanchez, Nicolas	4) Laguna Zavala, Eden	

Boys 4x800 Meter Relay Varsity

High School: 8:13.38 * 4/15/2025

Sibley-Ocheyedan

D Kreykes, D Poppen, C Reiter, B Byers

Team	Relay	Finals
Finals		
1 Sibley-Ocheyedan	A	8:13.38* 10
1) Kreykes, Dawson	2) Poppen, David	
3) Reiter, Cale	4) Byers, Ben	
2 Moc-Fv	A	9:25.65 8
1) Smit, Tegegn	2) Masters, Beckett	
3) Dokter, Crystian	4) Baslee, Breckin	
3 Storm Lake	A	9:47.52 6
1) Schwint, John	2) Mills, Jacob	
3) Jacuinde-Mellado, Raul	4) Rodriguez, Teofilo	
4 W Sioux Hwardn	A	11:23.13 4
1) Hansen, Anthony	2) Schoppman, Jamison	
3) Hansen, Owen	4) Mora, Chris	

Boys 800 Sprint Medley Varsity

High School: 1:37.79 * 2021

Unity Christian

Team	Relay	Finals
Finals		
1 Moc-Fv	A	1:38.70 10
1) Vander Ploeg, Conner	2) Fedders, Korver	
3) Kleinhesselink, Hudson	4) Katt, Cooper	
2 Sibley-Ocheyedan	A	1:40.62 8
1) Marco, Tate	2) Marco, Dominic	
3) Heilman, Luke	4) Dykstra, Cole	
3 Unity Chrst, OC	A	1:41.08 6
1) Breen, Jacob	2) Huisman, Kash	
3) Foreman, James	4) Wynia, Josiah	
4 Western Christ	A	1:42.02 4
1) Rozeboom, Tristan	2) Groeneweg, Ty	
3) Brands, Gavin	4) DeJager, Kaden	
5 W Sioux Hwardn	A	1:44.78 2
1) Lopez, Leandro	2) VanBeeK, Kendrin	
3) Koopmans, Kolton	4) Anderson, Cooper	

6 Storm Lake	A	1:48.03 1
1) Garcia, Azael	2) Chaiyawong, Sitah	
3) Machado, Andre	4) Tapia, Cesar	
7 Hm-Sanborn	A	1:50.21
1) Moore, Braydean	2) Douma, Caden	
3) Schierholtz, Isaac	4) Grotluschen, Ryan	

Boys Distance Medley Varsity

High School: 3:44.86 * 2021

MOC-FV

Team	Relay	Finals
Finals		
1 Moc-Fv	A	3:46.04 10
1) Maasdam, Dylan	2) Feenstra, Jackson	
3) Aalbers, Blake	4) Van Der Werff, Ian	
2 Sibley-Ocheyedan	A	3:57.57 8
1) Marco, Tate	2) Kauffman, Hunter	
3) Byers, Ben	4) Kleinwolterink, Eric	
3 Hm-Sanborn	A	4:07.97 6
1) Grotluschen, Caleb	2) Schierholtz, Isaac	
3) Carlin, James	4) Grotluschen, Ryan	
4 Storm Lake	A	4:22.17 4
1) Anderson, Brennen	2) Mai, Harry	
3) Sanchez, Nicolas	4) Tapia, Cesar	
5 W Sioux Hwardn	A	4:31.29 2
1) Coons, Dracin	2) Topete, Santiago	
3) Hansen, Anthony	4) Rosiles, Emiliano	

Boys 4x110 Meter Shuttle Hurdle Varsity

High School: 1:01.55 * 4/15/2025

MOC-FV

C Vander Ploeg, B Van Gelder, B Aalbers, A Van Zee

Team	Relay	Finals
Finals		
1 Moc-Fv	A	1:01.55* 10
1) Vander Ploeg, Conner	2) Van Gelder, Braylon	
3) Aalbers, Blake	4) Van Zee, Albear	
2 Storm Lake	A	1:24.87 8
1) Mai, Harry	2) Sanchez, Nicolas	
3) Xayavong, Jay	4) Tut, Riak	

Boys High Jump Varsity

High School: 6-04 * 2024

Jesse Van Kalsbeek, Jordan Folkert

Name	School	Finals
Finals		
1 Gulker, Jackson	Western Chri	5-08.00 10
2 Gerritson, Gavin	W Sioux Hwar	J5-08.00 8
3 Kleinwolterink, Eric	Sibley-Ochey	5-06.00 6
4 Van Gelder, Carter	Moc-Fv	5-04.00 4
--- Rich, Colten	Whiting	NH
--- Krosschell, Liam	Moc-Fv	NH

Boys Long Jump Varsity

High School: 21-02.50 * 2022

Cody Feikema

Name	School	Finals
Finals		
1 Maasdam, Dylan	Moc-Fv	20-09.25 10
2 Azurdia, Brandyn	Storm Lake	19-06.25 8

Unity CO-ED Invite 2025 - 4/15/2025

De Valois Stadium

Results - Unity Co-Ed

Finals ... (Boys Long Jump Varsity)

Name	School	Finals
3 Anderson, Cooper	W Sioux Hwar	18-06.00 6
4 Schmitz, Jackson	Moc-Fv	17-02.00 4
5 Van Den Berg, Isaac	Unity Chrst,	17-01.00 2
6 Anderson, Brennen	Storm Lake	16-09.75 1
7 Dodge, Damian	Hm-Sanborn	16-09.50
8 Hall, Tate	Western Chri	16-05.50
9 Bevers, Gabe	Sibley-Ochey	16-00.50
10 Tinklenberg, Case	Unity Chrst,	16-00.00
11 Morton, Peyton	Hm-Sanborn	15-08.00
12 Rich, Colten	Whiting	13-01.00

Boys Shot Put Varsity

High School: 48-02 * 2016 Ben Lingenfelter

Name	School	Finals
1 Mulder, Jacob	Moc-Fv	47-11.50 10
2 Greenfield, Gage	Sibley-Ochey	47-11.00 8
3 Foreman, Jaxson	Moc-Fv	46-07.00 6
4 Billings, Alex	Hm-Sanborn	39-05.50 4
5 Lacy, Collin	W Sioux Hwar	39-01.00 2
6 Greydanus, Eli	Western Chri	38-05.00 1
7 Bethune, Cole	Whiting	38-04.50
8 Ney, Jesse	Western Chri	37-11.50
9 Glynn, Caleb	Whiting	36-02.00
10 Poh, Eh	Storm Lake	36-01.50
11 Cruz, Devon	Storm Lake	36-01.00
12 Roorda, Gage	Unity Chrst,	36-00.50
13 Roelfs, Jacob	Hm-Sanborn	35-02.75
14 Prins, Toby	Sibley-Ochey	31-03.50
--- Schoellerman, Brayden	Unity Chrst,	ND
--- Lopez, Rafael	W Sioux Hwar	ND

Boys Discus Throw Varsity

High School: 189-05 * 2013 Ethan Kenkel

Name	School	Finals
1 Mulder, Jacob	Moc-Fv	162-10 10
2 Bethune, Cole	Whiting	137-05 8
3 Greydanus, Eli	Western Chri	126-00 6
4 Koopmans, Kolton	W Sioux Hwar	115-03 4
5 Topete, Santiago	W Sioux Hwar	113-01 2
6 Bundt, Ezra	Moc-Fv	111-01 1
7 Glynn, Caleb	Whiting	110-04
8 Roorda, Gage	Unity Chrst,	109-00
9 Ney, Jesse	Western Chri	105-03
10 Stanton, Gavin	Sibley-Ochey	94-06
11 Marco, Dominic	Sibley-Ochey	94-03
12 Cruz, Devon	Storm Lake	93-00
13 Poh, Eh	Storm Lake	90-09
14 Taylor, David	Unity Chrst,	88-06
15 Roelfs, Jacob	Hm-Sanborn	71-10

Boys 100 Meter Dash Junior Varsity

Name	School	Finals
1 Reinke, Jordan	Unity Chrst,	12.41
2 Foreman, Maximus	Moc-Fv	12.45
3 Jager, Paxton	Moc-Fv	12.75
4 De La Cruz, Ethan	Storm Lake	13.06
5 Van Den Berg, Isaac	Unity Chrst,	13.07
6 Sayler, Elijah	Sibley-Ochey	13.28
7 Sayler, Levi	Sibley-Ochey	13.31
8 Octmann, Mattis	Hm-Sanborn	13.46
9 Hall, Tate	Western Chri	14.08
10 Khang, Hao	Storm Lake	14.53
11 Rich, Colten	Whiting	14.82
12 Rich, Isaac	Whiting	17.59
13 Scheruer, Nathan	Hm-Sanborn	21.29

Boys 1600 Meter Run Junior Varsity

Name	School	Finals
1 Schmidt, Micah	Moc-Fv	4:57.44
--- Masters, Beckett	Moc-Fv	NT
--- Smit, Tegegn	Moc-Fv	NT
--- Dykstra, Ben	Moc-Fv	NT
--- Dolphin, Haydean	Hm-Sanborn	NT
--- Schwint, John	Storm Lake	NT
--- Kampbell, Heath	Storm Lake	NT
--- Vos, Layne	Unity Chrst,	NT
--- Phinney, William	Unity Chrst,	NT

Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
1 Moc-Fv	A	47.49
1) Van Gelder, Braylon	2) Foreman, Jaxson	
3) Moss, Talon	4) Feenstra, Jackson	
2 W Sioux Hwardn	A	48.34
1) Coons, Dracin	2) Anderson, Cooper	
3) Rosiles, Emiliano	4) Gerritson, Gavin	
3 Moc-Fv	B	x50.03
4 Unity Chrst, OC	A	50.47
1) De Boer, Trevan	2) Vanden Berg, Owen	
3) Mouw, Joshua	4) Van Den Berg, Isaac	
5 Storm Lake	A	51.00
1) Solomon, Amani	2) De La Cruz, Ethan	
3) Silva, Anthony	4) Garcia, Azael	
6 Moc-Fv	C	x51.56
7 Hm-Sanborn	A	51.73
1) Billings, Alex	2) Zearing, Talan	
3) Finster, Blaine	4) Octmann, Mattis	

Unity CO-ED Invite 2025 - 4/15/2025

De Valois Stadium

Results - Unity Co-Ed

Boys 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 W Sioux Hwardn	A	1:41.30
1) Lopez, Leandro	2) Coons, Dracin	
3) Rosiles, Emiliano	4) Gerritson, Gavin	
2 Moc-Fv	A	1:43.00
1) Carmichael, Chase	2) Boone, Ryan	
3) Jager, Paxton	4) Schmidt, Nolan	
3 Unity Chrst, OC	A	1:43.31
1) Vanden Berg, Owen	2) Reinke, Jordan	
3) Tinklenberg, Case	4) Mouw, Joshua	
4 Storm Lake	A	1:45.01
1) Solomon, Amani	2) De La Cruz, Ethan	
3) Silva, Anthony	4) Garcia, Azael	
5 Moc-Fv	B	x1:45.88

Boys Long Jump Junior Varsity

Name	School	Finals
Finals		
1 Mai, Harry	Storm Lake	17-04.00
2 Zimmer, Karter	Hm-Sanborn	16-05.00
3 Aye La, Sha Mae	Storm Lake	16-00.50
4 Statema, Josh	Unity Chrst,	14-08.50
5 Rich, Isaac	Whiting	12-03.00

Boys Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Recker, Kaiden	Moc-Fv	42-07.00
2 Uhl, Burke	Moc-Fv	38-04.00
3 Topete, Santiago	W Sioux Hwar	34-04.00
4 Mejia, Alan	Sibley-Ochey	33-09.00
5 Kim, Wooje	Whiting	33-08.00
6 Rivas, Julian	Whiting	33-02.00
7 Kooima, Kayden	Sibley-Ochey	32-04.00
8 Harp, Andrew	Moc-Fv	x32-02.00
9 Lah, Ryme	Storm Lake	31-10.00
10 Kaskie, Kade	W Sioux Hwar	30-04.00
11 Greydanus, Caleb	Western Chri	27-06.00
12 Dolphin, Haydean	Hm-Sanborn	27-03.00
13 Taylor, David	Unity Chrst,	26-10.00
14 Topete, Diego	W Sioux Hwar	x25-08.00
15 Franco, Salvador	W Sioux Hwar	x24-05.00
16 Scheruer, Nathan	Hm-Sanborn	15-10.00
--- Van Westen, Phillip	Sibley-Ochey	ND
--- Stanton, Gavin	Sibley-Ochey	ND
--- Utech, Kelan	W Sioux Hwar	ND
--- Ford, Colton	W Sioux Hwar	ND

Boys Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Recker, Kaiden	Moc-Fv	115-07
2 Uhl, Burke	Moc-Fv	113-02

3 Lacy, Collin	W Sioux Hwar	101-11
4 Kaskie, Kade	W Sioux Hwar	98-04
5 Van Westen, Phillip	Sibley-Ochey	91-04
6 Rivas, Julian	Whiting	90-10
7 Harp, Andrew	Moc-Fv	x86-00
8 Kooima, Kayden	Sibley-Ochey	81-03
9 Greydanus, Caleb	Western Chri	77-05
10 Kim, Wooje	Whiting	75-09
11 Topete, Diego	W Sioux Hwar	x74-09
12 Mejia, Alan	Sibley-Ochey	x68-08
13 Arreguin, Abel	Storm Lake	66-10
14 Franco, Salvador	W Sioux Hwar	x65-00
--- Lopez, Rafael	W Sioux Hwar	ND
--- Utech, Kelan	W Sioux Hwar	ND
--- Greenfield, Gage	Sibley-Ochey	ND
--- Prins, Toby	Sibley-Ochey	ND
--- Schoellerman, Brayden	Unity Chrst,	ND

Women - Varsity - Team Rankings - 19 Events Scored

1) MOC-FV	192
2) Unity Chrst, OC	113
3) Storm Lake	89
4) Western Christ	73
5) Sibley-Ocheyedan	52
6) HM-Sanborn	32
7) Whiting	7

Men - Varsity - Team Rankings - 19 Events Scored

1) MOC-FV	187
2) Sibley-Ocheyedan	96
3) Storm Lake	82
4) Western Christ	63
5) W Sioux Hwardn	48
6) Unity Chrst, OC	46
7) HM-Sanborn	35
8) Whiting	8