

2024 Sheryl Maahs Relays - 4/15/2024

Spirit Lake, Iowa

Maahs Field

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Allen, Krishauna	11	Okobojo, Mil	13.00 10
2 Harder, Mackenzie	11	Storm Lake	13.25 8
3 Johnson, Natalie	10	Algona	13.39 6
4 Wells, Miley	10	Okobojo, Mil	13.62 4
5 Hopkins, Sydnee	10	Spencer	13.98 2
6 Bruinsma, Maggie	10	Spirit Lake	14.27 1
7 Buum, Ava	11	Spencer	14.33
8 Robinson, Ella	09	Storm Lake	14.96
9 Shako, Rebecca	10	Spirit Lake	15.04
10 Ruehle, Haylie	11	Algona	15.43
11 Vicente-Gomez, Chelsy	09	Algona JV	15.96
12 Black Lance, LaTrese	11	Okobojo #2	16.16
13 Mendoza Partida, Isis	10	Algona JV	16.60
14 Dowhower, Rylie	10	Okobojo #2	17.12
--- Kapinga, Joey	09	Spirit Lake	DQ
--- Lundt, Reese	10	Spirit Lake	DQ

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Harder, Mackenzie	11	Storm Lake	26.33 10
2 Leupold, Anthea	09	Spirit Lake	26.85 8
3 Johnson, Natalie	10	Algona	27.09 6
4 Krieg, Mercedes	09	Spencer	27.90 4
5 Thompson, Summer	10	Algona	27.97 2
6 Bruinsma, Maggie	10	Spirit Lake	28.48 1
7 Meyer, Riley	09	Okobojo, Mil	28.57
8 DeHaan, Avery	10	Storm Lake	28.58
9 DeRuyter, Ella	10	Okobojo, Mil	29.87
10 Fillingim, Hannah	10	Algona JV	30.58
11 Koenig, Khia	11	Spencer	30.63
12 Hagedorn, Grace	11	Okobojo #2	30.99
13 Shako, Rebecca	10	Spirit Lake	32.81
14 Dowhower, Rylie	10	Okobojo #2	35.42

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Harder, Mackenzie	11	Storm Lake	1:02.03 10
2 Kenkel, Grace	10	Storm Lake	1:05.79 8
3 Jensen, Andi	11	Algona	1:07.22 6
4 Davis, Mara	09	Algona	1:08.82 4
5 Fauth, Brilee	09	Okobojo, Mil	1:10.86 2
6 Jablonski, Ayden	10	Okobojo, Mil	1:11.18 1
7 Christensen, Jasmyn	10	Spencer	1:15.17

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Knapp, Macy	10	Algona	2:29.75 10
2 Scott, Abby	11	Spirit Lake	2:36.16 8

3 Kenkel, Grace	10	Storm Lake	2:45.84 6
4 Beck, Ella	09	Spirit Lake	2:51.08 4
5 Palmer, Alexandria	10	Spencer	2:51.95 2
6 Pausley, Grace	12	Okobojo, Mil	2:53.72 1
7 Morey, Ava	09	Spencer	2:55.24
8 Gravert, Hailey	10	Okobojo, Mil	3:01.88
9 Paul, Nyagoa	09	Storm Lake	3:22.83

Girls 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Kambbell, Silvia	10	Storm Lake	5:32.11 10
2 Davis, Mara	09	Algona	5:38.52 8
3 Davis, Malyn	11	Algona	5:51.00 6
4 Frerichs, Adison	12	Okobojo, Mil	5:53.48 4
5 Danbom, Nora	10	Okobojo, Mil	5:56.17 2
6 Haldin, Ava	11	Spencer	6:07.37 1
7 Schmidt, Emily	09	Spencer	6:10.19
8 Dahlhauser, Lillian	12	Storm Lake	6:14.84
9 Frostestad, Bethany	09	Spirit Lake	6:20.46
10 Ortega, Dulce	10	Okobojo #2	6:30.20

Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Morey, Peyton	11	Spencer	11:55.11 10
2 Kambbell, Silvia	10	Storm Lake	12:02.30 8
3 Davis, Mara	09	Algona	12:24.46 6
4 Schoelerman, Adalyn	12	Spencer	12:30.28 4
5 Frerichs, Adison	12	Okobojo, Mil	13:03.24 2
6 Dahlhauser, Lillian	12	Storm Lake	13:37.71 1
7 Ortega, Dulce	10	Okobojo, Mil	14:37.20

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Bolluyt, Leah	09	Spirit Lake	17.83 10
2 Simington, Lucy	09	Spencer	17.97 8
3 Waldera, Ashlyn	12	Algona	18.38 6
4 Miller, Alyssa	10	Algona	18.66 4
5 Fehr, Sienna	09	Algona JV	18.78 2
6 Bunde, Lydia	12	Okobojo, Mil	19.39 1
7 Newton, Addison	11	Okobojo, Mil	19.44
8 Gerdes, Haley	10	Okobojo #2	19.70
9 Engel, Alissa	09	Algona JV	19.91
10 Flores, Stacy	12	Storm Lake	21.14
11 Bolluyt, Ellie	10	Spirit Lake	21.55

Girls 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Pritchard, Charlotte	12	Spirit Lake	1:09.72 10
2 Keenan, Reese	11	Spirit Lake	1:14.68 8
3 Fehr, Sienna	09	Algona	1:15.00 6
4 Flores, Stacy	12	Storm Lake	1:23.80 4

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Spirit Lake, Iowa

Maahs Field

Results

Finals ... (Girls 400 Meter Hurdles)

Name	Yr	School	Finals
--- Heller, Jocelyn	11	Okoboji, Mil	DNF

Girls 4x100 Meter Relay

Team	Relay	Finals
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Finals

1 Okoboji, Milford	A	50.25	10
1) Allen, Krishauna 11	2) Meyer, Riley 09		
3) Wells, Miley 10	4) Avery, Alivia 09		
2 Spencer	A	51.36	8
1) Hopkins, Sydnee 10	2) Simington, Lucy 09		
3) Krieg, Mercedes 09	4) Vail, Tyriana 12		
3 Algona	A	51.60	6
1) Allie, Lilly 09	2) Burns, Kaitlyn 11		
3) Thompson, Summer 10	4) Johnson, Natalie 10		
4 Storm Lake	A	55.83	4
1) Robinson, Ella 09	2) Thao, Nina 09		
3) Xiong, Kaitlyn 09	4) McCoy, Zoe 10		
5 Spencer	B	x56.60	
1) Buum, Ava 11	2) Eilts, Katie 09		
3) Schroer, Ava 09	4) Christensen, Jasmyn 10		
6 Spirit Lake	A	57.18	2
1) Beisell, Avery 09	2) Bolluyt, Ellie 10		
3) Kapinga, Joey 09	4) Shako, Rebecca 10		
7 Okoboji, Milford	B	x58.87	
1) Santos, Kelsey 10	2) Hagedorn, Grace 11		
3) Hintz, Alyssa 10	4) Leman, Grace 09		
8 Algona JV	A	1:00.68	1
1) Martinez, Evie 10	2) Mendoza Partida, Isis 10		
3) Vicente-Gomez, Chelsy 09	4) Fillingim, Hannah 10		

Girls 4x200 Meter Relay

Team	Relay	Finals
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Finals

1 Spirit Lake	A	1:48.10	10
1) Keenan, Reese 11	2) Bolluyt, Leah 09		
3) Leupold, Anthea 09	4) Ackerman, Zoe 12		
2 Okoboji, Milford	A	1:49.33	8
1) Allen, Krishauna 11	2) DeVos, Celeste 09		
3) Wells, Miley 10	4) Avery, Alivia 09		
3 Algona	A	1:53.95	6
1) Allie, Lilly 09	2) Burns, Kaitlyn 11		
3) Thompson, Summer 10	4) Johnson, Natalie 10		
4 Spencer	A	2:00.54	4
1) Buum, Ava 11	2) Lee, Lauren 09		
3) Eilts, Katie 09	4) Brown, Kiera 10		
5 Storm Lake	A	2:00.56	2
1) DeHaan, Avery 10	2) Thao, Nina 09		
3) Xiong, Kaitlyn 09	4) McCoy, Zoe 10		
6 Okoboji, Milford	B	x2:05.45	
1) Hintz, Alyssa 10	2) Rabel, Harper 11		
3) Santos, Kelsey 10	4) Leman, Grace 09		

7 Algona JV	A	2:05.57	1
1) Herke, Aylee 10	2) Buscher, Kayla 11		
3) Hoover, Katie 10	4) Ruehle, Haylie 11		

8 Spencer	B	x2:14.63	
1) Stuckey, Addison 10	2) Brant, Alisa 09		
3) Banez, Claudia 11	4) Sirovy, Kaitlin 09		

Girls 4x400 Meter Relay

Team	Relay	Finals
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Finals

1 Spirit Lake	A	4:37.38	10
1) Dodds, Kinley 09	2) Pritchard, Charlotte 12		
3) Beck, Ella 09	4) Beisell, Avery 09		
2 Okoboji, Milford	A	4:52.88	8
1) Jablonski, Ayden 10	2) Fauth, Brilee 09		
3) Johnson, Addison 11	4) Pausley, Grace 12		
3 Spencer	A	5:19.47	6
1) Schroer, Ava 09	2) Brant, Alisa 09		
3) Sirovy, Kaitlin 09	4) Banez, Claudia 11		
4 Storm Lake	A	5:27.28	4
1) Flores, Stacy 12	2) Kampbell, Silvia 10		
3) Dahlhauser, Lillian 12	4) Paul, Nyagoa 09		

Girls 4x800 Meter Relay

Team	Relay	Finals
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Finals

1 Spencer	A	11:19.76	10
1) Haldin, Braylee 11	2) Morey, Ava 09		
3) Palmer, Alexandria 10	4) Haldin, Ava 11		
2 Okoboji, Milford	A	11:39.75	8
1) Pausley, Grace 12	2) Danbom, Nora 10		
3) DeGraaf, Marli 09	4) Gravert, Hailey 10		
3 Spirit Lake	A	11:45.04	6
1) Beck, Ella 09	2) Frostestad, Bethany 09		
3) Bolluyt, Ellie 10	4) Bennett, Mackenzie 10		

Girls 800 Sprint Medley

Team	Relay	Finals
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Finals

1 Spirit Lake	A	1:52.90	10
1) Keenan, Reese 11	2) Bolluyt, Leah 09		
3) Leupold, Anthea 09	4) Ackerman, Zoe 12		
2 Algona	A	1:56.55	8
1) Allie, Lilly 09	2) Burns, Kaitlyn 11		
3) Thompson, Summer 10	4) Knapp, Macy 10		
3 Okoboji, Milford	A	2:03.84	6
1) Avery, Alivia 09	2) Meyer, Riley 09		
3) DeRuyter, Ella 10	4) Johnson, Addison 11		
4 Storm Lake	A	2:04.35	4
1) Robinson, Ella 09	2) McCoy, Zoe 10		
3) Thao, Nina 09	4) Kenkel, Grace 10		
5 Spencer	A	2:08.60	2
1) Koenig, Khia 11	2) Christensen, Jasmyn 10		
3) Brown, Kiera 10	4) Stuckey, Addison 10		

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Results

Finals ... (Girls 800 Sprint Medley)

Team	Relay	Finals
6 Algona JV	A	2:08.96 1
1) Herke, Aylee 10	2) Buscher, Kayla 11	
3) Hoover, Katie 10	4) Ruehle, Haylie 11	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Algona	A	4:37.11 10
1) Allie, Lilly 09	2) Burns, Kaitlyn 11	
3) Knapp, Macy 10	4) Davis, Malyn 11	
2 Spirit Lake	A	4:48.12 8
1) Bruinsma, Maggie 10	2) Beisell, Avery 09	
3) Dodds, Kinley 09	4) Pritchard, Charlotte 12	
3 Spencer	A	4:53.26 6
1) Eilts, Katie 09	2) Lee, Lauren 09	
3) Haldin, Braylee 11	4) Schmidt, Emily 09	
4 Okobojo, Milford	A	4:53.31 4
1) Graves, Emma 12	2) DeRuyter, Ella 10	
3) Heller, Jocelyn 11	4) Johnson, Addison 11	
5 Storm Lake	A	5:18.37 2
1) Xiong, Kaitlyn 09	2) Chanthapangna, Melanie 10	
3) Dahlhauser, Lillian 12	4) Flores, Stacy 12	

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Algona	A	1:13.95 10
1) Miller, Alyssa 10	2) Fehr, Sienna 09	
3) Engel, Alissa 09	4) Waldera, Ashlyn 12	
2 Okobojo, Milford	A	1:18.17 8
1) Bunde, Lydia 12	2) Rabel, Harper 11	
3) Gerdes, Haley 10	4) Newton, Addison 11	
3 Okobojo, Milford	B	x1:28.18
1) Runkle, Rylan 12	2) Santos, Kelsey 10	
3) Graves, Emma 12	4) Frerichs, Adison 12	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Ehrig, Madison	12	Algona	5-04.00 10
2 Bolluyt, Leah	09	Spirit Lake	5-03.00 8
3 Leupold, Anthea	09	Spirit Lake	5-01.00 6
4 Chanthapangna, Melanie	10	Storm Lake	4-10.00 4
5 DeVos, Celeste	09	Okobojo, Mil	J4-10.00 2
6 Heller, Jocelyn	11	Okobojo, Mil	4-08.00 1
7 Stuckey, Addison	10	Spencer	4-06.00

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Harder, Mackenzie	11	Storm Lake	16-08.50 10
2 Bruinsma, Maggie	10	Spirit Lake	14-11.00 8
3 DeHaan, Avery	10	Storm Lake	14-10.00 6

4 Hagedorn, Grace	11	Okobojo, Mil	14-02.00 4
5 Schroer, Ava	09	Spencer	13-07.50 2
6 Engel, Alissa	09	Algona	13-04.25 1
7 Graves, Emma	12	Okobojo, Mil	12-10.25
8 Brown, Kiera	10	Spencer	12-09.25
9 Beisell, Avery	09	Spirit Lake	12-01.00
10 Black Lance, LaTrese	11	Okobojo #2	10-09.75

Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Travis, Lauren	10	Spirit Lake	40-06.25 10
2 Travis, Fran	12	Spirit Lake	36-06.00 8
3 Haynes, Reagan	09	Algona	33-06.00 6
4 Cantu, Ashley	12	Algona	31-09.75 4
5 Schmitz, Peyton	11	Okobojo, Mil	30-11.00 2
6 Hogrefe, Madelyn	11	Storm Lake	29-06.25 1
7 Lampe, Abby	09	Algona JV	29-00.50
8 Gates, Janessa	09	Okobojo, Mil	27-04.50
9 Bodholdt, Abby	10	Storm Lake	26-10.50
10 Leupold, Addilin	09	Spirit Lake	25-07.25
11 Watts, Emma	11	Spirit Lake	24-03.50
12 Adams, Brooklyn	10	Algona JV	22-04.50

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Travis, Fran	12	Spirit Lake	125-02 10
2 Haynes, Reagan	09	Algona	107-07 8
3 Cantu, Ashley	12	Algona	97-10 6
4 Bodholdt, Abby	10	Storm Lake	96-03 4
5 Travis, Lauren	10	Spirit Lake	92-06 2
6 Leupold, Addilin	09	Spirit Lake	83-05 1
7 Hogrefe, Madelyn	11	Storm Lake	80-08
8 Beck, Ella	09	Spirit Lake	77-05
9 Schmitz, Peyton	11	Okobojo, Mil	72-04
10 Lampe, Abby	09	Algona JV	67-04
11 Adams, Brooklyn	10	Algona JV	64-09
12 Gates, Janessa	09	Okobojo, Mil	56-10

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Yates, Brayden	10	Emmetsburg	12.01 10
2 Andres, Joey	11	Spirit Lake	12.12 8
3 Henrickson, Sam	11	Spirit Lake	12.16 6
4 Guynn, Justin	12	Storm Lake	12.23 4
5 Stanzel, Korbin	09	Spencer	12.30 2
6 Storey, Carson	10	Okobojo, Mil	12.43 1
7 Clinkenbeard, Brock	10	Spirit Lake	12.46
8 Young, Kamden	10	Spencer	12.72
9 Elsbecker, Dawson	09	Algona	12.94
10 Baschke, Brennan	11	Okobojo, Mil	13.05
11 Wilcoxon, Jackson	10	Emmetsburg	13.08
12 Garman, Tate	10	Algona	13.24

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Maahs Field

Results

Finals ... (Boys 100 Meter Dash)

Name	Yr	School	Finals
13 Mai, Harry	09	Storm Lake	13.42
14 Grandgenett, Blake	11	Algona JV	14.98
15 Parcel, William	10	Algona JV	15.00
16 Adams, Kaysen	09	Spirit Lake	15.02

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Allie, Evan	10	Algona	22.27 10
2 Hussey, Qamerin	12	Spirit Lake	23.14 8
3 Winkel, Cooper	11	Spirit Lake	23.71 6
4 Jutting, Domenic	11	Okobojo, Mil	23.88 4
5 Moreno, Ashton	11	Algona	23.92 2
6 Timmer, Dylan	10	Spencer	24.54 1
7 Netsch, Tyler	11	Okobojo, Mil	24.65
8 Guynn, Justin	12	Storm Lake	24.75
9 Bolluyt, Lucas	10	Spirit Lake	25.17
10 Azurdia, Brandyn	10	Storm Lake	25.21
11 Moreno, Seth	09	Algona JV	25.55
12 Barglof, Jacob	12	Algona JV	25.77
13 Albrant, Tyler	11	Emmetsburg	25.82
14 Barthman, Jack	11	Spirit Lake	26.09
15 Baldwin, Alex	12	Spencer	26.96

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 VonEhwegen, Tate	09	Spencer	55.56 10
2 Heller, Jerron	09	Okobojo, Mil	55.74 8
3 Flikkema, Dalton	12	Spencer	57.78 6
4 Reuter, Keegan	09	Spirit Lake	58.17 4
5 Franklin, Nathaniel	11	Okobojo, Mil	58.34 2
6 Sorenson, Riley	12	Spirit Lake	58.74 1
7 Riggert, Ryley	11	Algona	59.08
8 Borchardt, Breckin	10	Algona	59.84
9 Hoch, Clayton	09	Emmetsburg	1:00.15
10 Gillis, Kowen	09	Algona JV	1:00.59
11 Crouch, Hoyt	12	Algona JV	1:01.86

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Osler, Evan	11	Okobojo, Mil	2:03.14 10
2 Dirks, Dietrich	11	Spirit Lake	2:03.23 8
3 Frangenberg, Nick	10	Spirit Lake	2:11.94 6
4 Ricklefs, Joesph	12	Algona	2:12.52 4
5 Larson, Lane	11	Okobojo, Mil	2:18.98 2
6 Jacuinde-Mellado, Raul	10	Storm Lake	2:21.51 1
7 Lucas, Brenden	12	Algona	2:21.88
8 Ortega, Alexander	10	Storm Lake	2:24.04
9 Europa, Kyle	09	Emmetsburg	2:29.75
10 Hibbs, Jayden	10	Spencer	2:32.18
11 Thiiges, Cohen	09	Algona JV	2:35.91

12 Salton, William	09	Spencer	2:43.92
13 Doocy, Owen	10	Algona JV	2:47.07

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Weber, Gavin	10	Algona	4:46.49 10
2 Jostand, Akron	12	Okobojo, Mil	4:51.35 8
3 Ramirez-Parra, Joel	10	Storm Lake	4:53.30 6
4 Hungerford, Jace	09	Spirit Lake	4:53.37 4
5 Rodriguez, Nathan	10	Spencer	5:08.89 2
6 Ballis, Ryker	10	Okobojo, Mil	5:11.62 1
7 Borchardt, Breckin	10	Algona	5:27.38
8 Fisher, Luke	12	Spencer	5:29.01
9 Mills, Jacob	09	Storm Lake	5:33.02
10 Fechter, Eric	12	Spirit Lake	5:34.04
11 Doocy, Owen	10	Algona JV	6:15.43

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Hughes, Brandon	11	Spirit Lake	10:19.83 10
2 Ramirez-Parra, Joel	10	Storm Lake	10:40.80 8
3 Trautman, Carter	10	Spirit Lake	11:14.90 6
4 Larson, Lane	11	Okobojo, Mil	11:25.77 4
5 Mills, Jacob	09	Storm Lake	11:42.02 2
6 Mortensen, Jace	12	Algona	11:44.83 1

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Stecker, Ethan	11	Spirit Lake	14.95 10
2 Winkel, Cooper	11	Spirit Lake	15.00 8
3 Graves, Elijah	10	Okobojo, Mil	16.00 6
4 Hinkeldey, Sam	11	Spencer	16.09 4
5 Johnson, Weston	12	Spencer	16.43 2
6 Jenness, Tyce	10	Emmetsburg	17.29 1
7 Simington, Avery	10	Okobojo, Mil	17.39
8 Hagedorn, Kyler	10	Spirit Lake	17.73
9 Barthman, Max	10	Spirit Lake	18.08
10 Wolf, Rylee	11	Algona	20.12

Boys 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Sandven, Drew	12	Okobojo, Mil	58.17 10
2 Jacobsen, Asa	09	Okobojo, Mil	1:03.06 8
3 Steuben, Jack	11	Spencer	1:03.84 6
4 Hagedorn, Kyler	10	Spirit Lake	1:05.95 4
5 Riggert, Ryley	11	Algona	1:07.64 2
6 Wolf, Rylee	11	Algona	1:08.98 1
7 Lloyd, Hunter	09	Storm Lake	1:12.60
8 Rea, Evan	09	Algona JV	1:16.44

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Spirit Lake, Iowa

Maahs Field

Results

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Algona	A	43.96 10
1) Weichert, William 10	2) Limbaugh, Jack 11	
3) Walker, Levi 10	4) Allie, Evan 10	
2 Spencer	A	45.06 8
1) Stanzel, Keaton 12	2) Matthiesen, Matthew 11	
3) Carrillo, Adrian 12	4) Johnson, Weston 12	
3 Emmetsburg	A	45.32 6
1) Madden, Cameron 11	2) Householder, Owen 10	
3) Yates, Bradyen 10	4) Dietrich, Bronson 11	
4 Okoboji, Milford	A	45.77 4
1) Mulhern, Mitchel 10	2) Netsch, Tyler 11	
3) Baschke, Brennan 11	4) Jutting, Domenic 11	
5 Spirit Lake	A	46.41 2
1) Sandman, Logan 12	2) Andres, Joey 11	
3) Henrickson, Sam 11	4) Lalumendre, Owen 12	
6 Spencer	B	x47.06
1) Elser, Lucas 11	2) Bruning, Cael 11	
3) Young, Kamden 10	4) Stanzel, Korbin 09	
7 Spirit Lake JV	A	47.84 1
1) Clinkenbeard, Brock 10	2) Barthman, Max 10	
3) Grau, Kyle 10	4) Barthman, Jack 11	
8 Algona JV	A	48.44
1) Frambach, Quintin 10	2) Johnson, Owen 11	
3) Cheever, Aaron 09	4) Engel, Aiden 10	
9 Emmetsburg	B	x49.63
1) Wilcoxon, Jackson 10	2) Trembly, Collyn 11	
3) Europa, Kyle 09	4) Jenness, Tyce 10	
10 Okoboji, Milford	B	x50.15
1) Vonk, Camden 09	2) Heller, Jerron 09	
3) Allen, James 11	4) Chapman, Caden 12	
11 Storm Lake	A	52.23
1) Turnquist, Brock 12	2) Guynn, Justin 12	
3) Mai, Harry 09	4) Azurdia, Brandyn 10	
12 Spirit Lake JV	B	x53.03
1) Ostovic, Isaac 11	2) Theesfeld, Nolan 10	
3) Hickerson, Caden 09	4) Carlson, Ethan 11	
13 Storm Lake	B	x55.80

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Spencer	A	1:33.37 10
1) Matthiesen, Matthew 11	2) Carrillo, Adrian 12	
3) Carlson, Ross 12	4) Stanzel, Keaton 12	
2 Emmetsburg	A	1:34.20 8
1) Madden, Cameron 11	2) Householder, Owen 10	
3) Yates, Bradyen 10	4) Dietrich, Bronson 11	
3 Spirit Lake	A	1:36.97 6
1) Lundt, Caden 11	2) Henrickson, Sam 11	
3) Sandman, Logan 12	4) Andres, Joey 11	

4 Okoboji, Milford	A	1:39.07 4
1) Mulhern, Mitchel 10	2) Simington, Caleb 11	
3) Baschke, Brennan 11	4) Storey, Carson 10	
5 Spirit Lake JV	A	1:40.84 2
1) Lalumendre, Owen 12	2) Van Genderen, Sam 09	
3) Lalumendre, Collin 09	4) Jones, Lerril 11	
6 Algona	A	1:41.97 1
1) Frambach, Quintin 10	2) Garman, Tate 10	
3) Walker, Levi 10	4) Elsbecker, Dawson 09	
7 Okoboji, Milford	B	x1:44.82
1) Vonk, Camden 09	2) Wasson, Miles 09	
3) Kleve, Aaden 09	4) Adams, Terry 09	
8 Algona JV	A	1:45.02
1) Kuecker, Caden 09	2) Engel, Aiden 10	
3) Bradley, Tyler 10	4) Johnson, Owen 11	
9 Storm Lake	A	1:45.37
1) Dierking, Cooper 09	2) Silva, Anthony 10	
3) Keyanye, Bachi 12	4) Lloyd, Hunter 09	
10 Spencer	B	x1:47.77
1) Baldwin, Ethan 09	2) McCormick, Jace 09	
3) Seversen, Braden 09	4) Schuster, Brayden 10	
11 Spirit Lake JV	B	x1:53.28
1) Hodgell, Grady 09	2) VandeHoef, Keagan 09	
3) Raslansky, Peyton 09	4) Adams, Kaysen 09	
--- Storm Lake	B	DQ

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Spencer	A	3:34.04 10
1) Timmer, Dylan 10	2) Krogman, Carson 11	
3) Munson, Van 12	4) Carlson, Ross 12	
2 Okoboji, Milford	A	3:39.48 8
1) Sandven, Drew 12	2) Heimdal, Trigg 11	
3) Jostand, Akron 12	4) Osler, Evan 11	
3 Algona	A	3:43.70 6
1) Moreno, Ashton 11	2) Ricklefs, Joesph 12	
3) Mortensen, Jace 12	4) Weber, Gavin 10	
4 Spirit Lake	A	3:46.57 4
1) Stecker, Ethan 11	2) Walz, Wesley 10	
3) Hussey, Qamerin 12	4) Sundall, Ryder 12	
5 Spencer	B	x3:48.95
1) Piercy, Drew 10	2) Flikkema, Dalton 12	
3) Tello, Sergio 11	4) Anderson, Reno 10	
6 Algona JV	A	4:00.71 2
1) Contreras, Jorge 10	2) Rotert, Cael 09	
3) Crouch, Hoyt 12	4) Kuecker, Caden 09	
7 Emmetsburg	A	4:02.73 1
1) Albrant, Tyler 11	2) Hoch, Clayton 09	
3) Maina, Byron 11	4) Rutledge, Krayton 10	
8 Okoboji, Milford	B	x4:08.38
1) Franklin, Nathaniel 11	2) Miller, August 11	
3) Pyle, Tyler 09	4) Low, Jack 11	

2024 Sheryl Maahs Relays - 4/15/2024

Spirit Lake, Iowa

Maahs Field

Results

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
9 Storm Lake	A	4:24.19
1) Jacuinde-Mellado, Raul 10	2) Ortega, Alexander 10	
3) Ramirez-Parra, Joel 10	4) Mills, Jacob 09	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Spirit Lake	A	8:53.11 10
1) Frangenberg, Nick 10	2) Hungerford, Jace 09	
3) Sorenson, Riley 12	4) Walz, Wesley 10	
2 Algona	A	9:27.99 8
1) Ricklefs, Joesph 12	2) Borchardt, Breckin 10	
3) Lucas, Brenden 12	4) Thornton, Gabe 12	
3 Okoboji, Milford	A	9:58.25 6
1) Ballis, Ryker 10	2) Miller, August 11	
3) Riphagen, Owen 09	4) Strantz, Tristan 12	
4 Spirit Lake JV	A	10:29.73 4
1) VandeHoef, Keagan 09	2) Neis, Michael 11	
3) Fechter, Eric 12	4) Raslansky, Peyton 09	

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Algona	A	1:35.97 10
1) Weichert, William 10	2) Limbaugh, Jack 11	
3) Moreno, Ashton 11	4) Allie, Evan 10	
2 Okoboji, Milford	A	1:40.03 8
1) Mulhern, Mitchel 10	2) Netsch, Tyler 11	
3) Jutting, Domenic 11	4) Graves, Elijah 10	
3 Emmetsburg	A	1:44.23 6
1) Madden, Cameron 11	2) Dietrich, Bronson 11	
3) Yates, Bradyen 10	4) Rutledge, Krayton 10	
4 Spencer	A	1:44.42 4
1) Matthiesen, Matthew 11	2) Elser, Lucas 11	
3) Bruning, Cael 11	4) Anderson, Reno 10	
5 Spirit Lake JV	A	1:48.84 2
1) Jones, Lerril 11	2) Barthman, Jack 11	
3) Van Genderen, Sam 09	4) Clinkenbeard, Brock 10	
6 Storm Lake	A	1:51.37 1
1) Turnquist, Brock 12	2) Chaiyawong, Sitah 10	
3) Mai, Harry 09	4) Tapia, Cesar 10	
7 Algona JV	A	1:51.50
1) Elsbecker, Dawson 09	2) Johnson, Owen 11	
3) Bradley, Tyler 10	4) Rotert, Cael 09	
--- Spirit Lake	A	DNF
1) Lalumendre, Owen 12	2) Reuter, Keegan 09	
3) Bolluyt, Lucas 10	4) Dirks, Dietrich 11	

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Spirit Lake	A	3:34.08 10
1) Stecker, Ethan 11	2) Winkel, Cooper 11	
3) Hussey, Qamerin 12	4) Sundall, Ryder 12	
2 Algona	A	3:41.24 8
1) Weichert, William 10	2) Moreno, Ashton 11	
3) Allie, Evan 10	4) Weber, Gavin 10	
3 Spencer	A	3:57.96 6
1) Elser, Lucas 11	2) Bruning, Cael 11	
3) Piercy, Drew 10	4) Koppie, Rylei 10	
4 Emmetsburg	A	4:09.77 4
1) Albrant, Tyler 11	2) Trembly, Collyn 11	
3) Maina, Byron 11	4) Rutledge, Krayton 10	
5 Spirit Lake JV	A	4:09.98 2
1) Grau, Kyle 10	2) Barthman, Jack 11	
3) Mitchell, Landen 09	4) Trautman, Carter 10	
6 Storm Lake	A	4:24.91 1
1) Turnquist, Brock 12	2) Machado, Andre 10	
3) Keyanye, Bachi 12	4) Ortega, Alexander 10	
7 Algona JV	A	4:26.64
1) Cheever, Aaron 09	2) Kuecker, Caden 09	
3) Moreno, Seth 09	4) Thilges, Cohen 09	
8 Okoboji, Milford	A	4:32.27
1) Kleve, Aaden 09	2) Allen, James 11	
3) Pyle, Tyler 09	4) Miller, Oliver 10	

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Spencer	A	1:01.09 10
1) Johnson, Weston 12	2) Lovan, Jivahny 10	
3) Timmer, Dylan 10	4) Hinkeldey, Sam 11	
2 Spirit Lake	A	1:01.89 8
1) Mitchell, Landen 09	2) Winkel, Cooper 11	
3) Hagedorn, Kyler 10	4) Stecker, Ethan 11	
3 Okoboji, Milford	A	1:04.00 6
1) Graves, Elijah 10	2) Simington, Avery 10	
3) Jacobsen, Asa 09	4) Heller, Jerron 09	
4 Okoboji, Milford	B	x1:11.03
1) Sandven, Drew 12	2) Duvall, Landon 11	
3) Simington, Caleb 11	4) Vinke, Dalton 09	
5 Algona	A	1:17.71 4
1) Wolf, Rylee 11	2) Contreras, Jorge 10	
3) Riggert, Ryley 11	4) Engel, Aiden 10	
--- Spencer	B	DNF
1) Seversen, Braden 09	2) Otaniyi, Temi 09	
3) Steuben, Jack 11	4) Erdman, Blaine 10	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Maina, Byron	11	Emmetsburg	6-02.00 10

2024 Sheryl Maahs Relays - 4/15/2024

Spirit Lake, Iowa

Maahs Field

Results

Finals ... (Boys High Jump)

Name	Yr	School	Finals
2 Graves, Elijah	10	Okobojo, Mil	6-00.00 8
3 VonEhwegen, Tate	09	Spencer	5-10.00 6
4 Simington, Avery	10	Okobojo, Mil	5-08.00 4
5 Lundt, Caden	11	Spirit Lake	J5-08.00 2
6 Reuter, Keegan	09	Spirit Lake	5-06.00 1
7 Contreras, Jorge	10	Algona	5-04.00
7 Hoch, Clayton	09	Emmetsburg	5-04.00
7 Mills, Jacob	09	Storm Lake	5-04.00
10 Engel, Aiden	10	Algona	5-02.00
10 Jones, Lerril	11	Spirit Lake	5-02.00

Boys Long Jump

Name	Yr	School	Finals
1 Sandman, Logan	12	Spirit Lake	19-10.75 10
2 Guynn, Justin	12	Storm Lake	18-10.75 8
3 Elsbecker, Dawson	09	Algona	18-09.75 6
4 Storey, Carson	10	Okobojo, Mil	18-06.00 4
5 Weichert, William	10	Algona	18-05.75 2
6 Jacobsen, Asa	09	Okobojo, Mil	18-02.00 1
7 Andres, Joey	11	Spirit Lake	18-01.50
8 Gillis, Kowen	09	Algona JV	16-02.50
9 Lalumendre, Collin	09	Spirit Lake	16-01.50
10 Lapizzo, Salvatore	11	Spencer	15-11.25
11 Wilcoxon, Jackson	10	Emmetsburg	15-10.25
12 Hodgell, Grady	09	Spirit Lake	15-07.00
--- Azurdia, Brandyn	10	Storm Lake	ND

Boys Shot Put

Name	Yr	School	Finals
1 Nevitt, Max	10	Algona	49-10.00 10
2 Limbaugh, Jack	11	Algona	44-11.25 8
3 Patel, Shriji	12	Algona	41-10.75 6
4 Knutson, Jackson	09	Spirit Lake	40-06.25 4
5 Theesfeld, Nolan	10	Spirit Lake	40-04.25 2
6 Hamerlink, Keegan	11	Emmetsburg	40-04.00 1
7 Carlson, Ethan	11	Spirit Lake	40-00.00
8 Limbaugh, Will	09	Algona JV	39-07.00
9 Ostovic, Isaac	11	Spirit Lake	36-04.50
10 Van Otterloo, Gabriel	11	Spencer	35-10.25
11 Trembly, Collyn	11	Emmetsburg	35-06.50
12 Kershner, Hayden	12	Okobojo, Mil	34-06.25
13 Schipper, Jacob	10	Spencer	33-07.75
14 Smith, Keyshawn	10	Okobojo, Mil	31-10.00
15 Lichtenberg, Marques	12	Storm Lake	31-08.00

Boys Discus Throw

Name	Yr	School	Finals
1 Patel, Shriji	12	Algona	144-04 10
2 Nevitt, Max	10	Algona	140-09 8
3 Robinson, Tyson	11	Spirit Lake	128-06 6

4 Limbaugh, Will	09	Algona JV	126-02 4
5 Ostovic, Isaac	11	Spirit Lake	119-00 2
6 Hellickson, Jacob	10	Spirit Lake	116-04 1
7 Duvall, Landon	11	Okobojo, Mil	114-04
8 Reinholdt, Tanner	11	Emmetsburg	106-07
9 Van Otterloo, Gabriel	11	Spencer	101-04
10 Theesfeld, Nolan	10	Spirit Lake	99-03
11 Trembly, Collyn	11	Emmetsburg	95-07
12 Lichtenberg, Marques	12	Storm Lake	91-09
13 Mendez-Garcia, Cristian	10	Spencer	90-04
14 Smith, Keyshawn	10	Okobojo, Mil	82-07
15 Lopez, Michael	09	Storm Lake	79-08

Women - Team Rankings - 19 Events Scored

1) Spirit Lake	148
2) Algona	145
3) Storm Lake	106
4) Okobojo, Milford	88
5) Spencer	69
6) Algona JV	5
7) Spirit Lake JV	1

Men - Team Rankings - 19 Events Scored

1) Spirit Lake	155
2) Algona	127
3) Okobojo, Milford	117
4) Spencer	87
5) Emmetsburg	47
6) Storm Lake	31
7) Spirit Lake JV	13
8) Algona JV	6