

**2023 Boys Relays - 5/8/2023****Dale Norton Field****Results****Boys 100 Meter Dash Varsity**

Name	Year School	Finals	H#
Finals			
1 Lauck, Tommy	Spencer	11.81	2
2 Carrillo, Adrian	Spencer	11.84	2
3 Andres, Joey	Spirit Lake	12.17	2
4 Lundt, Caden	Spirit Lake	12.46	2
5 Guynn, Justin	Storm Lake	12.60	2
6 Householder, Owen	Emmetsburg	12.67	2
7 Ort, Quentin	Emmetsburg	12.85	2
8 Azurdia, Brandyn	Storm Lake	13.00	2
9 Lam, Issac	Cherokee, Wash	13.15	1
10 Gunn, Peyton	Cherokee, Wash	13.72	1
11 Deim, Adien	Estherville-LC	14.08	1
12 Barajas, Gustavo	Estherville-LC	14.12	1

**Boys 200 Meter Dash Varsity**

Name	Year School	Finals	H#
1 Paulsrud, Jaxon	Cherokee, Wash	24.18	2
2 Fiene, JJ	Emmetsburg	24.58	2
3 Elser, Lucas	Spencer	24.83	2
4 Albrant, Tyler	Emmetsburg	25.41	2
5 Young, Kamden	Spencer	25.73	2
6 Lalumendre, Owen	Spirit Lake	25.80	2
7 Schueder, McKale	Cherokee, Wash	26.21	1
8 Peta, Dylan	Estherville-LC	26.25	1
9 Barthman, Max	Spirit Lake	26.49	2
10 Johnson, Braxton	Estherville-LC	26.61	1

**Boys 400 Meter Dash Varsity**

Name	Year School	Finals
1 Munson, Van	Spencer	54.07
2 Tello, Sergio	Spencer	55.84
3 Martin, Wes	Estherville-LC	56.66
4 Soukkeo, Nathan	Storm Lake	57.10
5 Kohn, Alex	Cherokee, Wash	57.13
6 Timmerman, Tru	Cherokee, Wash	59.51
7 Ramirez-Parra, Joel	Storm Lake	59.65
8 Gosch, Evan	Estherville-LC	1:01.31

**Boys 800 Meter Run Varsity**

Name	Year School	Finals
1 Samsel, Colton	Cherokee, Wash	2:16.24
2 Goeken, Noah	Spencer	2:19.95
3 Jacuinde-Mellado, Raul	Storm Lake	2:22.61
4 Rutledge, Krayton	Emmetsburg	2:25.60
5 Neis, Michael	Spirit Lake	2:28.27
6 Ortega, Alexander	Storm Lake	2:28.88
7 Baldwin, Alex	Spencer	2:35.94

**2023 Boys Relays - 5/8/2023****Dale Norton Field****Results****...Boys 800 Meter Run Varsity**

8 Reinke, Isaac	Estherville-LC	2:42.02
9 Pollock, Jayden	Estherville-LC	2:45.30
10 Nelson, Kaleb	Cherokee, Wash	2:48.76
-- Soukkeo, Nathan	Storm Lake	X2:34.60
-- Simington, Levi	Spencer	X2:37.48
-- Hibbs, Jayden	Spencer	X2:37.88

**Boys 1600 Meter Run Varsity**

Name	Year School	Finals
1 Duitsman, Parker	Estherville-LC	4:47.36
2 Ramirez-Parra, Joel	Storm Lake	4:57.51
3 Krogman, Carson	Spencer	5:03.85
4 Fullhart, Noah	Spencer	5:15.88
5 Duitsman, Warren	Estherville-LC	5:22.50
6 McCaffery, Merek	Spirit Lake	5:52.75
7 Nelson, Kaleb	Cherokee, Wash	6:27.03
-- Fisher, Luke	Spencer	X5:40.90
-- Tut, Tut Top	Storm Lake	X5:42.16
-- McNea, Owen	Spencer	X5:52.03
-- Frederick, Robert	Emmetsburg	X6:45.51

**Boys 3200 Meter Run Varsity**

Name	Year School	Finals
1 Goeken, Noah	Spencer	12:02.93
2 Fisher, Luke	Spencer	12:10.56
-- Giacobbe, Tim	Spencer	XDNF
-- Rodriguez, Nathan	Spencer	X12:09.73

**Boys 110 Meter Hurdles Varsity**

Name	Year School	Finals	H#
1 Madden, Cameron	Emmetsburg	16.21	2
2 Mahnke, Connor	Cherokee, Wash	16.64	2
3 Jenness, Tyce	Emmetsburg	18.22	2
4 Pingel, Lance	Cherokee, Wash	18.44	2
5 Barthman, Max	Spirit Lake	19.34	1
6 Duitsman, Bennett	Estherville-LC	19.88	1
7 Leinbaugh, Simon	Spirit Lake	19.95	2
8 Keyanye, Bachi	Storm Lake	21.32	1
9 Sherdian, Alexander	Estherville-LC	21.75	1
-- Hagedorn, Kyler	Spirit Lake	X19.12	2
-- Householder, Owen	Emmetsburg	X19.34	2
-- Rubel, Clayton	Emmetsburg	X19.91	2

**Boys 400 Meter Hurdles Varsity**

Name	Year School	Finals
1 Pingel, Lance	Cherokee, Wash	1:02.19
2 Dietrich, Bronson	Emmetsburg	1:03.52

**2023 Boys Relays - 5/8/2023  
Dale Norton Field  
Results**

**....Boys 400 Meter Hurdles Varsity**

3 Duitsman, Bennett	Estherville-LC	1:05.32
4 Lugar, Henry	Cherokee, Wash	1:06.83
5 Yager, Layton	Estherville-LC	1:10.43
6 Keyanye, Bachi	Storm Lake	1:10.54

**Boys 4x100 Meter Relay Varsity**

School	Finals
1 Cherokee, Wash 'A'	46.28
1) Paulsrud, Jaxon	2) VanderBroek, Christian
3) Lovell, Blake	4) Jenness, Jon
2 Emmetsburg 'A'	47.14
1) Ort, Quentin	2) Madden, Cameron
3) Dietrich, Bronson	4) Yates, Brayden
3 Estherville-LC 'A'	50.57
1) Sherdian, Alexander	2) Swanson, Aiden
3) Cohrs, Collin	4) Christensen, Jess
4 Spirit Lake 'A'	50.60
1) Henrickson, Sam	2) Sexton, Terry
3) Barthman, Jack	4) Graves, Will
-- Spencer 'A'	DQ
1) Matthiesen, Matthew	2) Lauck, Tommy
3) Elser, Lucas	4) Young, Kamden

**Boys 4x200 Meter Relay Varsity**

School	Finals
1 Spencer 'A'	1:38.61
1) Matthiesen, Matthew	2) Lauck, Tommy
3) Elser, Lucas	4) Bruning, Cael
2 Emmetsburg 'A'	1:39.69
1) Albrant, Tyler	2) Yates, Brayden
3) Fiene, JJ	4) Ort, Quentin
3 Spirit Lake 'A'	1:42.32
1) Clinkenbeard, Brock	2) Graves, Will
3) Barthman, Jack	4) McCaffery, Merek
4 Storm Lake 'A'	1:42.90
1) Azurdia, Brandyn	2) Guynn, Justin
3) Chaiyawong, Sitah	4) Dykes, Dwaune
5 Estherville-LC 'A'	1:43.00
1) Thelen, Dustin	2) Peta, Dylan
3) Castillo, Alexis	4) Johnson, Braxton
-- Cherokee, Wash 'A'	DQ
1) Paulsrud, Jaxon	2) Lovell, Blake
3) Jenness, Jon	4) VanderBroek, Christian

**Boys 4x400 Meter Relay Varsity**

School	Finals
1 Estherville-LC 'A'	3:38.45
1) Leonard, Ryan	2) Shatto, Kale
3) Martin, Will	4) White, Tate

**2023 Boys Relays - 5/8/2023****Dale Norton Field****Results****...Boys 4x400 Meter Relay Varsity**

2 Spencer 'A'	3:44.46
1) Munson, Van	2) Tello, Sergio
3) Koppie, Rylei	4) Anderson, Reno
3 Cherokee, Wash 'A'	3:46.62
1) Stowater, Logan	2) Pingel, Lance
3) Kohn, Alex	4) Samsel, Colton
4 Spirit Lake 'A'	4:00.38
1) Leinbaugh, Simon	2) Hamm, Justyn
3) Neis, Michael	4) Fechter, Eric
5 Emmetsburg 'A'	4:08.70
1) Rutledge, Krayton	2) Householder, Owen
3) Maina, Byron	4) Fiene, JJ
-- Storm Lake 'A'	X4:13.56
1) Jacuinde-Mellado, Raul	2) Ortega, Alexander
3) Ramirez-Parra, Joel	4) Rassasy, Nicola
-- Cherokee, Wash 'A'	X4:13.60
1) Timmerman, Tru	2) Kohn, Cameron
3) Mizner-Fundermann, Cully	4) Mizner-Fundermann, Grady

**Boys 4x800 Meter Relay Varsity**

School	Finals
1 Spencer 'A'	9:22.49
1) Anderson, Reno	2) Baldwin, Alex
3) Fullhart, Noah	4) McNea, Owen
2 Estherville-LC 'A'	9:25.01
1) Knudson, Jacob	2) Matheson, Conner
3) Reinke, Isaac	4) Duitsman, Warren
3 Cherokee, Wash 'A'	9:55.62
1) Timmerman, Tru	2) Kohn, Cameron
3) Mizner-Fundermann, Cully	4) Mizner-Fundermann, Grady

**Boys 800 Sprint Medley Varsity**

School	Finals
1 Estherville-LC 'A'	1:38.65
1) Cohrs, Collin	2) Shatto, Kale
3) Leonard, Ryan	4) White, Tate
2 Emmetsburg 'A'	1:44.81
1) Albrant, Tyler	2) Jenness, Tyce
3) Yates, Bradyen	4) Fiene, JJ
3 Spirit Lake 'A'	1:46.25
1) Lalumendre, Owen	2) Hamm, Justyn
3) Clinkenbeard, Brock	4) McCaffery, Merek
4 Storm Lake 'A'	1:49.89
1) Azurdia, Brandyn	2) Chaiyawong, Sitah
3) Dykes, Dwaune	4) Guynn, Justin
5 Cherokee, Wash 'A'	1:51.98
1) Johnson, Wyatt	2) VanderBroek, Christian
3) Lugar, Henry	4) Miller, Kael
-- Spencer 'A'	DQ
1) Matthiesen, Matthew	2) Lauck, Tommy
3) Elser, Lucas	4) Piercy, Drew

**2023 Boys Relays - 5/8/2023  
Dale Norton Field  
Results**

**....Boys 800 Sprint Medley Varsity**

-- Cherokee, Wash 'A'	X1:57.38
1) Ruschmann, Connor	2) Gunn, Peyton
3) Ponce, Angel	4) Lam, Issac
-- Estherville-LC 'A'	X1:57.99
1) Barajas, Gustavo	2) Harris, Boston
3) Hatland, Loki	4) Pollock, Jayden

**Boys Distance Medley Varsity**

School	Finals
1 Estherville-LC 'A'	4:02.20
1) Duitsman, Bennett	2) Sherdian, Alexander
3) Duitsman, Warren	4) Duitsman, Parker
2 Spirit Lake 'A'	4:10.16
1) Sexton, Terry	2) Hamm, Justyn
3) Lundt, Caden	4) Fechter, Eric
3 Emmetsburg 'A'	4:15.64
1) Rubel, Clayton	2) Maina, Byron
3) Rutledge, Krayton	4) Law, Kalen
4 Cherokee, Wash 'A'	4:32.16
1) Schueder, McKale	2) Lugar, Henry
3) Kohn, Cameron	4) Miller, Kael
-- Estherville-LC 'A'	X4:14.19
1) Thelen, Dustin	2) Yager, Layton
3) Peta, Dylan	4) Matheson, Conner
-- Cherokee, Wash 'A'	X4:22.95
1) Kohn, Alex	2) Stowater, Logan
3) Mizner-Fundermann, Cully	4) Mizner-Fundermann, Grady

**Boys 4x110 Meter Shuttle Hurdle Varsity**

School	Finals
1 Cherokee, Wash 'A'	1:06.43
1) Mahnke, Connor	2) Ruschmann, Connor
3) Pingel, Lance	4) Johnson, Wyatt
2 Emmetsburg 'A'	1:06.83
1) Jenness, Tyce	2) Rubel, Clayton
3) Dietrich, Bronson	4) Madden, Cameron
3 Spirit Lake 'A'	1:17.13
1) Barthman, Max	2) Hagedorn, Kyler
3) Bolluyt, Lucas	4) Jones, Lerril

**Boys High Jump Varsity**

Name	Year School	Finals
1 Maina, Byron	Emmetsburg	6-02.00
2 Lundt, Caden	Spirit Lake	5-10.00
3 Jenness, Jon	Cherokee, Wash	5-08.00
4 Lam, Issac	Cherokee, Wash	5-06.00
-- McCaffery, Merek	Spirit Lake	NH

**2023 Boys Relays - 5/8/2023****Dale Norton Field****Results****Boys Long Jump Varsity**

Name	Year School	Finals
1 Andres, Joey	Spirit Lake	19-01.50
2 Schueder, McKale	Cherokee, Wash	18-05.50
3 Graves, Will	Spirit Lake	17-07.00
4 VanderBroek, Christian	Cherokee, Wash	17-03.00
5 Dietrich, Bronson	Emmetsburg	16-11.00
6 Rubel, Clayton	Emmetsburg	15-05.00
-- Swanson, Aiden	Estherville-LC	ND

**Boys Shot Put Varsity**

Name	Year School	Finals
1 Cline, Kaleb	Spencer	53-00.00
2 Lovell, Blake	Cherokee, Wash	45-08.00
3 Kruse, Carter	Cherokee, Wash	41-02.00
4 Jensen, Jordan	Estherville-LC	39-09.00
5 Cantrall, Cole	Spencer	39-06.00
6 Hamerlink, Keegan	Emmetsburg	37-06.00
7 Clinkenbeard, Kaine	Spirit Lake	33-10.00
8 Trembly, Collyn	Emmetsburg	32-05.00
9 Hanby, Taye	Estherville-LC	31-01.00
10 Hawkins, Sam	Spirit Lake	27-10.00
-- Bodholdt, Ty	Storm Lake	ND
-- Pond, Alan	Storm Lake	ND

**Boys Discus Throw Varsity**

Name	Year School	Finals
1 Cline, Kaleb	Spencer	141-08
2 Thorson, Logan	Cherokee, Wash	123-10
3 Cantrall, Cole	Spencer	121-10
4 Bodholdt, Ty	Storm Lake	113-00
5 Happe, Colton	Cherokee, Wash	106-05
6 Clinkenbeard, Kaine	Spirit Lake	105-04
7 Jensen, Jordan	Estherville-LC	100-00
8 Law, Sean	Emmetsburg	84-06
9 Reinholdt, Tanner	Emmetsburg	84-00
10 Lichtenberg, Marques	Storm Lake	80-05
11 Hanby, Taye	Estherville-LC	75-10
-- Hawkins, Sam	Spirit Lake	ND

**Boys 100 Meter Dash Junior Varsity**

Name	Year School	Finals	H#
-- Henrickson, Sam	Spirit Lake	X12.68	2
-- Harris, Boston	Estherville-LC	X13.00	1
-- Goyette, Carter	Spencer	X13.07	2
-- Bolluyt, Lucas	Spirit Lake	X13.61	2
-- Ponce, Angel	Cherokee, Wash	X13.79	2
-- Khang, Hao	Storm Lake	X13.83	2
-- Dickson, Reilly	Estherville-LC	X13.87	1

**2023 Boys Relays - 5/8/2023**

**Dale Norton Field**

**Results**

**....Boys 100 Meter Dash Junior Varsity**

-- Schuster, Brayden	Spencer	X14.23	2
-- Weir, Bryce	Emmetsburg	X14.41	2
-- Oden, Blake	Storm Lake	X14.66	1
-- Elbert, Riley	Emmetsburg	X16.42	2

**Boys 200 Meter Dash Junior Varsity**

Name	Year School	Finals	H#
-- Maina, Byron	Emmetsburg	X26.07	1
-- Thorson, Logan	Cherokee, Wash	X26.47	1
-- Grau, Kyle	Spirit Lake	X26.80	1
-- Miller, Kael	Cherokee, Wash	X26.83	1
-- Keyanye, Bachi	Storm Lake	X27.33	2
-- Goyette, Carter	Spencer	X27.44	1
-- Hatland, Loki	Estherville-LC	X27.65	2
-- Rosales, Kevin	Storm Lake	X28.96	1
-- Bolluyt, Lucas	Spirit Lake	X29.17	1
-- Huang, Danny	Estherville-LC	X31.04	2
-- Elbert, Riley	Emmetsburg	X34.89	2

**Boys 400 Meter Dash Junior Varsity**

Name	Year School	Finals
-- Piercy, Drew	Spencer	X58.74
-- Jensen, Jordan	Estherville-LC	X1:06.49
-- Huang, Danny	Estherville-LC	X1:08.54
-- Elbert, Riley	Emmetsburg	X1:20.06

**Boys 4x100 Meter Relay Junior Varsity**

School	Finals
-- Estherville-LC 'A'	X46.12
1) Martin, Wes	2) Reinke, Isaac
3) Grange, Carson	4) Knudson, Jacob
-- Spirit Lake 'A'	X48.35
1) Hagedorn, Kyler	2) Grau, Kyle
3) Bolluyt, Lucas	4) Jones, Lerril
-- Storm Lake 'A'	X48.38
1) Turnquist, Brock	2) Ambriz-Cervantes, Miguel
3) Rosales, Kevin	4) Chaiyawong, Sitah
-- Emmetsburg 'A'	X53.86
1) Weir, Bryce	2) Reinholdt, Tanner
3) Elbert, Riley	4) Law, Sean

**Boys 4x200 Meter Relay Junior Varsity**

School	Finals
-- Estherville-LC 'A'	X1:45.32
1) Hatland, Loki	2) Harris, Boston
3) Dickson, Reilly	4) Matheson, Conner
-- Cherokee, Wash 'A'	X1:49.46

**2023 Boys Relays - 5/8/2023**

**Dale Norton Field**

**Results**

**....Boys 4x200 Meter Relay Junior Varsity**

- |                             |                   |
|-----------------------------|-------------------|
| 1) Ruschmann, Connor        | 2) Lam, Issac     |
| 3) Ponce, Angel             | 4) Gunn, Peyton   |
| -- Storm Lake 'A'           | X1:53.39          |
| 1) Turnquist, Brock         | 2) Rosales, Kevin |
| 3) Ambriz-Cervantes, Miguel | 4) Khang, Hao     |

**Boys Long Jump Junior Varsity**

Name	Year School	Finals
-- Gunn, Peyton	Cherokee, Wash	X15-07.50
-- Tapia, Cesar	Storm Lake	X15-05.50
-- Ponce, Angel	Cherokee, Wash	X14-05.50

**Boys Shot Put Junior Varsity**

Name	Year School	Finals
-- Lichtenberg, Marques	Storm Lake	ND
-- Happe, Colton	Cherokee, Wash	X40-00.00
-- Thorson, Logan	Cherokee, Wash	X39-04.00
-- Nixon, Cooper	Cherokee, Wash	X33-09.00
-- Kobberman, Seth	Spirit Lake	X33-03.00
-- Schipper, Jacob	Spencer	X31-01.00
-- Zinn, Tate	Spencer	X30-09.00
-- Petersen, Logan	Cherokee, Wash	X29-10.00
-- Diaz, Rafael	Estherville-LC	X29-08.00
-- Casey, Broedy	Spencer	X26-06.00
-- Rodriguez, Breyden	Estherville-LC	X26-02.00
-- Reinholdt, Tanner	Emmetsburg	X25-10.00
-- Jalas, Tory	Spirit Lake	X24-02.00
-- Weir, Bryce	Emmetsburg	X23-07.00

**Boys Discus Throw Junior Varsity**

Name	Year School	Finals
-- Kruse, Carter	Cherokee, Wash	X103-08
-- Mendez-Garcia, Cristian	Spencer	X101-00
-- Nixon, Cooper	Cherokee, Wash	X96-05
-- Law, Kalen	Emmetsburg	X86-08
-- Steelman, Drestin	Spencer	X80-04
-- Weir, Bryce	Emmetsburg	X78-10
-- Rodriguez, Breyden	Estherville-LC	X74-00
-- Diaz, Rafael	Estherville-LC	X73-05
-- Petersen, Logan	Cherokee, Wash	X71-02
-- Kobberman, Seth	Spirit Lake	X69-01
-- Jalas, Tory	Spirit Lake	X53-03

**Men - Varsity - Team Rankings - 19 Events Scored**

1) Spencer	136	2) Cherokee, Wash	133
3) Emmetsburg	95	4) Estherville-LC	77
5) Spirit Lake	75	6) Storm Lake	34