

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****Event 1 Girls High Jump**

Name	Year	School	Finals	Points
Finals				
1 Ohlmeier, Trista	10	Mvaocou	J5-00.00	10
2 Smith, Addison	10	Lawton-Bronson	J5-00.00	8
3 Stowater, Madison	11	Ridge View	J4-10.00	6
4 Kozora, Anna	09	River Valley	J4-10.00	4
5 Newton, Kaylynne	09	Lawton-Bronson	J4-06.00	2
6 Blackmore, Sydney	10	Ridge View	J4-06.00	1
7 Crawford, Anna	09	W Monona	J4-06.00	
8 Lichtenberg, Creighton	09	W Monona	4-04.00	
8 Brosamle, Lakin	09	Kpwc	4-04.00	
10 Johnson, Brenna	09	Westwood, Sloan	4-02.00	

Event 2 Boys High Jump

Name	Year	School	Finals	Points
1 Goodwin, Beau	11	Kpwc	6-00.00	10
2 Komarek, Brayden	10	W Monona	5-10.00	8
3 Clausen, Connor	09	Lawton-Bronson	J5-08.00	6
4 Kolar, Brysen	10	Oabcig	J5-08.00	4
5 Halverson, Ben	09	W Monona	5-06.00	1.50
5 Muenchrath, Brody	10	Westwood, Sloan	5-06.00	1.50
7 Todd, Carter	09	Ridge View	J5-06.00	
8 Jensen, Kinnick	09	Ridge View	5-04.00	
9 Todd, Dylan	12	Westwood, Sloan	5-02.00	
-- McCormick, Keaton	10	Mvaocou	NH	

Event 3 Girls Long Jump

Name	Year	School	Finals	Points
1 Dutler, Shae	11	Ridge View	17-07.75	10
	17-07.75	17-01.50	16-11.75	
2 Mason, Gabi	10	Ridge View	15-11.00	8
	15-11	15-02.25	14-08	
3 Ohlmeier, Trista	10	Mvaocou	15-05.25	6
	13-06.25	14-09.50	15-05.25	10-09
4 Schlenger, Natalie	09	River Valley	14-11.75	4
	14-11.75	14-08	14-01.75	14-09.75
5 Bender, Hailey	09	Oabcig	14-06.25	2
	14-06.25	13-03.50	14-04	13-01.50
6 Fetterman, Katlynn	09	Kpwc	14-04.00	1
	12-04.25	14-04	12-09.50	12-02.75
7 Goettsch, Alaina	10	River Valley	13-11.50	
	13-03.50	13-06.50	13-11.50	
8 Amick, Karlee	12	Lawton-Bronson	13-07.00	
	13-07	13-06.75	13-05	
9 Orlando, Ava	10	Kpwc	13-05.50	
	12-04	13-04.75	8-08	13-05.50
10 McFarland, Jocelyn	10	Westwood, Sloan	13-03.75	
	13-03.75	12-11	11-10.50	
11 Johnston, Jersey	09	Westwood, Sloan	12-04.25	
	12-04.25	11-06.75	11-07.75	

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****Event 4 Boys Long Jump**

Name	Year	School	Finals	Points
1 Winterrowd, Gabe	12	Oabcig	22-00.50	10
22-00.50 21-08.50				
2 DeJean, Beckett	12	Oabcig	20-10.00	8
20-10 20-06.75				
3 Morris, Joe	10	Westwood, Sloan	20-05.00	6
19-07.25 20-05 20-04				
4 Garnand, Caler	10	Lawton-Bronson	19-10.00	4
19-10 19-05 18-04.50				
5 Dixon, Tanner	09	Mvaocou	19-01.50	2
18-11.50 18-11 19-01.50				
6 Orr, Damian	12	W Monona	18-10.00	1
18-10 17-08.75				
7 Gress, Peyton	10	Mvaocou	J18-04.50	
18-03 18-04.50 18-02 17-07.25				
8 Endrulat, Asher	11	Ridge View	J18-04.50	
17-11.75 17-11.25 18-04.50				
9 Kolpin, Zach	09	Ridge View	17-11.75	
17-04.50 17-11.75 17-08.50 17-03.50				
10 Smith, Ivan	11	Lawton-Bronson	17-09.75	
15-00.25 15-05.25 17-01.25 17-09.75				
11 Thomas, Cole	11	River Valley	J16-10.00	
16-10 16-04.25 16-04 16-03.75				
12 Sorensen, Elias	09	W Monona	J16-10.00	
14-11.25 16-10 15-06.50 16-01.50				
13 Gengler, Joseph	11	Westwood, Sloan	15-03.00	
14-08.75 15-03 14-10.50				
14 Wells, Patrick	09	Siouxland Chr	14-10.50	
14-10.50 14-02				
15 Coulter, Carsen	09	Kpwc	14-07.50	
14-07.50 14-04.50				
16 Pearson, Hunter	09	Siouxland Chr	13-06.50	
12-11 13-06.50 12-05.25 11-01.50				

Event 5 Girls Discus Throw

Name	Year	School	Finals	H#	Points
1 Schweitzberger, Allie	12	Kpwc	132-02	2	10
132-02 117-05 126-05					
2 Schimmer, Liz	10	Ridge View	99-07	2	8
99-07 94-00 97-08					
3 Remer, Stella	09	Oabcig	95-01	2	6
91-01 92-01 92-01 95-01					
4 Luscombe, Kiara	10	Ridge View	89-08	2	4
89-08 81-05					
5 Verzani, Ashley	10	Lawton-Bronson	87-08	2	2
87-08 77-09					
6 Roan, Quin	12	Lawton-Bronson	86-10	2	1
85-11 86-05 86-10					
7 Krueger, Hannah	09	Westwood, Sloan	86-04	2	
85-04 86-04 78-11					
8 Schild, Kristina	12	W Monona	82-08	1	
65-05 63-03 74-08 82-08					

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****....Event 5 Girls Discus Throw**

9	Dietschy, Blair	10	Westwood, Sloan	79-09	2
	77-10 79-09 76-09 73-10				
10	Reis, Deim	10	Oabcig	79-05	1
	74-11 72-07 74-02 79-05				
11	Dausel, Myah	10	River Valley	79-01	2
	76-00 79-01				
12	Hamann, Gabby	09	Siouxland Chr	76-00	1
	64-09 76-00 71-07 64-00				
13	Beeson, Olivia	10	Mvaocou	74-07	1
	71-08 73-06 64-08 74-07				
14	Biar, Vicky	12	Siouxland Chr	73-09	1
	58-08 59-09 73-09				
15	Yanke, Aubrey	10	W Monona	72-00	1
	63-00 52-09 72-00				
16	Ploeger, Emerson	10	Kpwc	58-11	1
	58-11 55-09 46-08				

Event 6 Boys Discus Throw

Name	Year	School	Finals	H#	Points
1 Luscombe, Kolton	12	Ridge View	173-02	2	10
	173-02 167-07				
2 Spotts, Kyle	12	Oabcig	129-11	2	8
	126-00 129-11 125-10				
3 Henderson, Jace	10	Mvaocou	124-05	2	6
	124-05				
4 Huisinga, Wyatt	09	Kpwc	122-04	2	4
	122-04 118-06				
5 Edmonds, Jack	11	W Monona	121-10	2	2
	113-09 121-10				
6 Remer, Gavin	10	Oabcig	121-08	2	1
	117-11 121-08				
7 Sulsberger, Tyler	10	Westwood, Sloan	112-08	1	
	112-08 x				
8 Johnson, Landon	12	River Valley	109-04	1	
	109-04 104-08 98-06 108-08				
9 Blatchford, Landon	12	W Monona	106-08	2	
	100-05 106-08				
10 Wagner, Cole	09	Lawton-Bronson	105-04	2	
	98-04 100-01 105-04 97-08				
11 Rowe, Dalton	10	Lawton-Bronson	103-10	1	
	103-10 95-07				
12 McCray, Cornell	11	Ridge View	100-01	1	
	97-01 100-01 95-04				
13 Ball, Ethan	12	Siouxland Chr	95-02	1	
	73-11 77-06 95-02				
14 Merrill, Joey	10	Westwood, Sloan	94-01	1	
	92-04 94-01 90-10				
15 Jensen, Logan	10	Kpwc	91-10	2	
	91-10				
16 Malcomson, Daniel	10	Siouxland Chr	83-03	1	
	73-02 83-03 66-09				
17 Dean-Byas, Jerell	09	Mvaocou	75-01	1	
	75-01 68-06 72-07				

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****Event 7 Girls Shot Put**

Name	Year	School	Finals	H#	Points
1 Schweitzberger, Allie	12	Kpwc	33-08.25	2	10
	32-11.50	33-08.25 32-04 32-04			
2 McKenna, Addie	10	Lawton-Bronson	32-01.50	2	8
	29-02.50	32-01.50 30-09.50			
3 Thomas, Maddie	12	River Valley	31-08.00	2	6
	31-02	31-08 30-09			
4 Blackmore, Sydney	10	Ridge View	31-06.25	1	4
	27-01	29-11.50 28-10.50 31-06.25			
5 Lee, Ava	09	Westwood, Sloan	31-03.00	2	2
	29-03	29-00.50 29-08.50 31-03			
6 Hill, Brihanna	09	W Monona	29-07.50	2	1
	29-07.50	28-06 28-07 28-04.50			
7 Verzani, Ashley	10	Lawton-Bronson	29-03.50	2	
	29-00	29-03.50			
8 Remer, Stella	09	Oabcig	29-00.00	2	
	28-03	29-00 28-04 25-04.50			
9 Lux, Brianna	10	Kpwc	28-07.50	1	
	27-01.25	28-07.50 27-04.50 27-10			
10 Kovarna, Emily	12	Mvaocou	28-01.00	2	
	27-09	26-06.50 28-01 27-04			
11 Schimmer, Liz	10	Ridge View	27-10.00	2	
	26-11.50	27-00 27-10 27-09.50			
12 Larson, Kamryn	10	Oabcig	27-09.50	1	
	27-09.50	24-09.75 27-02 23-10.75			
13 Stocking, Reagan	12	Siouxland Chr	27-02.50	1	
	27-02.50	27-01.50 27-01 26-05			
14 Petersen, Madelyn	09	Mvaocou	27-02.00	1	
	25-05.50	23-04 27-02 27-00.75			
15 Biar, Vicky	12	Siouxland Chr	26-01.00	1	
	24-02	26-01 25-10.50			
16 Goslar, Kaylee	11	W Monona	26-00.50	1	
	25-06	26-00.50 25-03.25 25-05.75			
17 Krueger, Hannah	09	Westwood, Sloan	24-06.25	1	
	24-06.25	23-10 24-01.25			

Event 8 Boys Shot Put

Name	Year	School	Finals	H#	Points
1 Luscombe, Kolton	12	Ridge View	47-01.50	2	10
		47-01.50			
2 Blatchford, Landon	12	W Monona	42-10.00	2	8
		42-02.50 42-10 41-10			
3 Henderson, Jace	10	Mvaocou	41-10.00	2	6
		40-00 40-11.75 41-10			
4 Spotts, Kyle	12	Oabcig	41-00.50	2	4
		39-05.50 40-07 41-00.50			
5 Schweitzberger, Jacob	12	Kpwc	39-06.00	2	2
		38-10.50 39-06 38-11			
6 Kamm, Kyle	10	Lawton-Bronson	J38-08.00	2	1
		35-11 37-05.50 38-08			
7 Anderson, Jayse	11	Lawton-Bronson	J38-08.00	2	
		38-08			

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****....Event 8 Boys Shot Put**

8	Edmonds, Jack	11 W Monona	38-03.50	2
	38-03.50			
9	Endrulat, Asher	11 Ridge View	37-02.50	1
	34-07.50 35-03 37-02.50			
10	Sulsberger, Tyler	10 Westwood, Sloan	J34-04.00	2
	33-11.75 31-02.50 34-04 33-11.50			
11	Remer, Gavin	10 Oabcig	J34-04.00	1
	34-04			
12	Edwards, Tanner	12 River Valley	34-03.50	1
	33-08 33-10 34-03.50			
13	Malcomson, Daniel	10 Siouxland Chr	34-00.50	1
	34-00.50 31-00.50 33-02 32-07			
14	Warren, Colton	10 Kpwc	33-02.00	1
	32-11 33-02			
15	Merrill, Joey	10 Westwood, Sloan	30-00.00	1
	26-05 30-00 29-05			
16	Dean-Byas, Jerell	09 Mvaocou	27-01.50	1
	24-00 24-10 27-01.50 25-09			
17	Headley, Sam	11 Siouxland Chr	26-07.25	1
	26-07.25 26-07 25-07.50 26-04			

Event 9 Girls 800 Sprint Medley

School		Finals	H#	Points
1	Lawton-Bronson 'A'	1:55.32	2	10
	1) Rubendall, Addison 09	2) Brouwer, Sydney 11		
	3) Mahoney, Alice 11	4) Mesz, Jolee 12		
2	Westwood, Sloan 'A'	1:57.74	2	8
	1) McFarland, Jocelyn 10	2) Thompson, Peyton 10		
	3) Shull, Jordan 11	4) Haveman, Lela 10		
3	Kpwc 'A'	1:58.25	2	6
	1) Schroeder, Avery 12	2) Doeschot, Sydney 09		
	3) Reinking, Allison 12	4) Bowman, MaKenna 12		
4	W Monona 'A'	1:58.95	2	4
	1) Miller, Carly 12	2) Cowgill, Renae 11		
	3) Miller, Kacy 11	4) Pittet, Ashlee 09		
5	Ridge View 'A'	2:05.30	2	2
	1) Phillips, Taya 11	2) Dutler, Kiara 12		
	3) Kretlow, Arissa 09	4) Hawthorne, Reese 09		
6	Oabcig 'A'	2:08.08	2	1
	1) Johnson, Patience 12	2) Harms, Haley 12		
	3) Godbersen, Allie 09	4) Neubauer, Sydney 09		
7	Siouxland Chr 'A'	2:08.73	1	
	1) Kolker, Sasha 11	2) Stocking, Reagan 12		
	3) Rubida, MacKenzie 09	4) Latimer, Payton 09		
8	River Valley 'A'	2:16.82	1	
	1) Anderson, Riley 09	2) Dvorak, Mylee 09		
	3) Dixon, Olivia 10	4) Thomas, Maddie 12		
9	Mvaocou 'A'	2:38.90	1	
	1) Factor, Joselyn 09	2) Hanke, Grayce 10		
	3) Polly, Ronda 09	4) Klenk, Laci 09		

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****Event 10 Boys 800 Sprint Medley**

School	Finals	H#	Points
1 Lawton-Bronson 'A'	1:37.05	2	10
1) Moseman, Mark 11	2) Garnand, Caleb 11		
3) Smith, Domenik 10	4) Moseman, Theo 12		
2 Oabcig 'A'	1:39.71	2	8
1) Ladwig, Kelton 11	2) Kolar, Treyten 12		
3) Peters, Josh 12	4) Behrendsen, Ethan 11		
3 Westwood, Sloan 'A'	1:39.82	2	6
1) Cooper, Tatum 10	2) Topf, Carson 11		
3) Morris, Joe 10	4) Lewis, Frank 11		
4 Kpwc 'A'	1:40.14	2	4
1) Neumann, Casey 10	2) DeStigter, Will 12		
3) McGill, Eric 11	4) Beelner, Conner 12		
5 W Monona 'A'	1:40.23	2	2
1) Sorensen, Jeriah 11	2) Sorensen, Micah 12		
3) Farrens, Micah 12	4) Russell, Grant 12		
6 Ridge View 'A'	1:43.14	2	1
1) Pyle, Austin 12	2) Movall, Grant 12		
3) Wunschel, Kyler 12	4) Jensen, Kellen 10		
7 Siouxland Chr 'A'	1:48.17	1	
1) Stansberry, Jackson 09	2) Wing, Ben 12		
3) Latimer, Hunter 12	4) Claeys, Elijah 12		
8 Mvaocou 'A'	1:57.37	1	
1) Vann, Jeremiah 10	2) Henderson, Jace 10		
3) Spicer, Harry 10	4) Morley, Titus 10		

Event 11 Girls 3000 Meter Run

Name	Year School	Finals	Points
1 Vohs, Jaycie	11 Ridge View	11:39.46	10
2 Putze, Rachel	09 Kpwc	11:42.55	8
3 Ameen, Cheyenne	10 Lawton-Bronson	12:38.44	6
4 Tesch, Addison	09 Ridge View	12:47.08	4
5 Hannah, CJ	10 Kpwc	12:56.40	2
6 Stout, Riven	09 Mvaocou	13:08.51	1
7 Anderson, Jayleigh	12 W Monona	13:16.33	
8 Lage, Maggie	11 W Monona	15:57.75	

Event 12 Boys 3200 Meter Run

Name	Year School	Finals	Points
1 McKinley, Eein	12 W Monona	10:49.48	10
2 Hanson, Odin	09 Ridge View	11:35.59	8
3 Maier, Hunter	09 Oabcig	11:39.48	6
4 McKinley, Gabe	11 W Monona	11:52.99	4
5 Metcalf, Devin	09 Kpwc	12:11.07	2
6 Mesillas, Eduardo	10 Mvaocou	12:24.12	1
7 Bisenius, Brody	10 Ridge View	12:38.18	
8 O'Mara, Noah	10 Kpwc	13:37.32	
9 Everett-Joule, Devlin	10 Westwood, Sloan	13:41.53	
10 Babl, Andrew	12 Mvaocou	14:01.53	
11 Christoffersen, Korben	09 Westwood, Sloan	15:19.99	

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****Event 13 Girls 4x800 Meter Relay**

School	Finals	Points
1 Westwood, Sloan 'A'	11:23.58	10
1) Drees, Cate 09	2) Lewis, Grace 09	
3) Johnston, Jersey 09	4) Johnson, Brenna 09	
2 Mvaocou 'A'	11:31.36	8
1) Schumaker, Sophia 11	2) Grell, Emily 09	
3) Beeson, Olivia 10	4) Schaffer, Jasmine 11	
3 Kpwc 'A'	11:50.11	6
1) Beelner, Bailey 10	2) Willer, Hanna 11	
3) Peschau, Maggie 09	4) Cameron, Kierstyn 10	
4 Ridge View 'A'	12:14.99	4
1) Biede, Alyssa 09	2) Avina, Leslie 09	
3) Henningson, Mya 10	4) Crum, Naunika 09	

Event 14 Boys 4x800 Meter Relay

School	Finals	Points
1 W Monona 'A'	8:43.29	10
1) Fester, Johnny 12	2) Bellis, Laken 11	
3) Lynn, Jayce 12	4) Boynton, Jesse 12	
2 Ridge View 'A'	9:03.31	8
1) Price, Tracin 12	2) Wunschel, Kyler 12	
3) Breyfogle, Jake 12	4) Todd, Jack 10	
3 Mvaocou 'A'	9:04.06	6
1) Koithan, Joey 09	2) Forbes, Charlie 10	
3) Hamann, Kael 10	4) Gress, Peyton 10	
4 Kpwc 'A'	9:55.35	4
1) DeStigter, Joe 09	2) Baker, Boston 09	
3) Gilbert, Colby 09	4) Colbert, Cameron 09	
5 Westwood, Sloan 'A'	10:19.25	2
1) Gengler, Joseph 11	2) Clayton, Jack 10	
3) Bauder, Leo 11	4) Versch, Hayden 09	
6 Lawton-Bronson 'A'	10:29.64	1
1) Doenhoefer, Robby 10	2) Venegas, Javi 09	
3) Konye, Ethan 10	4) Molzen, Willie 09	
7 Oabcig 'A'	11:01.41	
1) Buns, Chance 12	2) Samway, Quintin 10	
3) Williams, Jayms 10	4) Parks, Andrew 10	
8 Siouxland Chr 'A'	11:13.74	
1) Deurloo, Sam 11	2) Reynolds, Malachi 12	
3) Pfister, Bennett 09	4) Headley, Sam 11	

Event 15 Girls 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Ridge View 'A'	1:08.36	3	10
1) Jensen, Rowan 11	2) Whitmer, Lilly 10		
3) Freese, Faith 11	4) Shepherd, Tatum 11		
2 Oabcig 'A'	1:12.41	3	8
1) Nielsen, Kenai 11	2) Winterrowd, Abby 11		
3) Hoffman, Anna 10	4) Behrendsen, Avery 11		
3 Kpwc 'A'	1:12.83	3	6

2023 Western Valley Conference Meet - 5/1/2023**5/1/2023****Results - Western Valley Conference****....Event 15 Girls 4x100 Meter Shuttle Hurdle**

1) Archer, Katelyn 12	2) Fowler, Madison 12		
3) Wright, Rhian 09	4) Schroeder, Avery 12		
4 W Monona 'A'		1:13.58	2 4
1) Farrens, Montana 09	2) Lucas, Savannah 10		
3) Woodward, Sophia 10	4) Beck, Devyn 11		
5 Lawton-Bronson 'A'		1:18.45	2 2
1) Rubendall, Addison 09	2) Jessen, Cayla 10		
3) Olesen, Jocelynn 10	4) Newton, Kaylynn 09		
6 River Valley 'A'		1:18.68	2 1
1) Jacobson, Jacy 10	2) Todd, Sunny 10		
3) Dausel, Addy 09	4) Anderson, Riley 09		
7 Mvaocou 'A'		1:19.51	1
1) Oberruter, Renee 10	2) Scott, Marley 09		
3) Cass, Tawnie 10	4) Feddersen, Paige 11		
8 Siouxland Chr 'A'		1:19.94	1
1) Nordstrom, Meddie 10	2) Latimer, Payton 09		
3) Eisenga, Taya 09	4) Rubida, MacKenzie 09		
9 Westwood, Sloan 'A'		1:30.04	1
1) Dietschy, Blair 10	2) Turner, Avery 10		
3) Drees, Cate 09	4) Lewis, Grace 09		

Event 16 Boys 4x110 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Oabcig 'A'	1:02.22	2	10
1) Ladwig, Kelton 11	2) Kolar, Brysen 10		
3) Kolar, Treyten 12	4) DeJean, Beckett 12		
2 Lawton-Bronson 'A'	1:04.09	2	8
1) Palsma, Kurtus 12	2) Garnand, Caler 10		
3) Jaminet, Cowan 10	4) Olesen, Leighton 12		
3 W Monona 'A'	1:06.81	2	6
1) Sorensen, Jeriah 11	2) Sorensen, Micah 12		
3) Holverson, Aiden 11	4) Farrens, Micah 12		
4 Westwood, Sloan 'A'	1:07.56	2	4
1) Muenchrath, Brody 10	2) Todd, Dylan 12		
3) Dewald, Joe 10	4) McFarland, Josiah 10		
5 Ridge View 'A'	1:10.66	1	2
1) Blum, Drew 12	2) Jacobson, Clayton 10		
3) Shepherd, Noah 11	4) Winkel, Dayne 12		
6 Kpwc 'A'	1:13.87	1	1
1) Monk, Sam 10	2) Fickbohm, Wyatt 10		
3) Coulter, Carsen 09	4) King, Jacob 10		
7 Mvaocou 'A'	1:23.03	1	
1) Hansen, Taylor 12	2) McCormick, Keaton 10		
3) Cowgill, Evan 09	4) Zahnley, Drew 11		

Event 17 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Miller, Kacy	11 W Monona	13.44	2	10
2 Miller, Carly	12 W Monona	13.59	2	8
3 Dutler, Shae	11 Ridge View	13.61	2	6
4 Nordstrom, Meddie	10 Siouxland Chr	13.65	2	4

2023 Western Valley Conference Meet - 5/1/2023

5/1/2023

Results - Western Valley Conference

....Event 17 Girls 100 Meter Dash

5	King, Emma	10	Kpwc	13.73	2	2
6	Thompson, Peyton	10	Westwood, Sloan	14.23	2	1
7	Hanner, Ella	11	Westwood, Sloan	14.37	1	
8	Fetterman, Katlynn	09	Kpwc	14.54	2	
9	Weber, Braleigh	10	Mvaocou	15.13	1	
10	Dvorak, Mylee	09	River Valley	15.14	1	
11	Anderson, Jayhsey	12	Lawton-Bronson	15.62	2	
12	Jenkins, Averi	11	Lawton-Bronson	15.81	1	
13	Bender, Hailey	09	Oabcig	15.93	1	
14	Hamann, Gabby	09	Siouxland Chr	16.05	1	
15	Baker, Kendra	10	Oabcig	16.22	1	

Event 18 Boys 100 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Winterrowd, Gabe	12	Oabcig	11.12	3	10
2	Olesen, Leighton	12	Lawton-Bronson	11.32	3	8
3	Behrendsen, Ethan	11	Oabcig	11.51	3	6
4	Goettsch, Isaac	11	Ridge View	11.62	3	4
5	Grimsley, Loudon	10	Lawton-Bronson	11.87	1	2
6	Latimer, Hunter	12	Siouxland Chr	12.20	3	1
7	Wing, Ben	12	Siouxland Chr	12.30	3	
8	Zima, Parker	11	W Monona	12.62	3	
9	Coulter, Carsen	09	Kpwc	13.04	2	
10	Havlicek, Ben	10	Kpwc	13.13	3	
11	Lyons, Gunther	11	W Monona	13.19	2	
12	Silbernagel, Aiden	09	Westwood, Sloan	13.28	2	
13	McCray, Dramelle	10	Ridge View	13.35	2	
14	Thomas, Cole	11	River Valley	13.36	2	
15	Cowgill, Evan	09	Mvaocou	13.45	2	
16	Gotto, Nathan	11	River Valley	13.62	2	
17	Factor, Brandon	09	Mvaocou	13.66	1	

Event 19 Girls Distance Medley

School	Finals	H#	Points
1 Lawton-Bronson 'A'	4:39.75	2	10
1) Smith, Addison 10			
2) Jessen, Cayla 10			
3) Clausen, Kaylee 12			
4) Mesz, Jolee 12			
2 Ridge View 'A'	4:44.41	2	8
1) Phillips, Taya 11			
2) Dutler, Kiara 12			
3) Kretlow, Arissa 09			
4) Stowater, Madison 11			
3 W Monona 'A'	4:46.06	2	6
1) Lucas, Savannah 10			
2) Hill, Brihanna 09			
3) Struble, Jalyn 11			
4) Broer, Chloe 09			
4 River Valley 'A'	4:54.73	2	4
1) Schlenger, Natalie 09			
2) Dixon, Olivia 10			
3) Jacobson, Jacy 10			
4) Kozora, Anna 09			
5 Kpwc 'A'	5:02.99	2	2
1) Doeschot, Sydney 09			
2) Beelner, Brooklyn 10			
3) Peschau, Claire 09			
4) Beelner, Bailey 10			
6 Siouxland Chr 'A'	5:11.39	1	1
1) Kolker, Sasha 11			
2) Rubida, MacKenzie 09			

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....Event 19 Girls Distance Medley

3) Eisenga, Taya 09	4) Stanley, Ellie 11	
7 Mvaocou 'A'		5:14.99 2
1) Kovarna, Emily 12	2) Ohlmeier, Trista 10	
3) Mammen, Brenna 09	4) McMillen, Lauren 12	
8 Oabcig 'A'		5:21.44 1
1) O'Brien, Kylee 10	2) Harms, Haley 12	
3) Behrendsen, Avery 11	4) Bergman, Abigail 09	
9 Westwood, Sloan 'A'		5:24.19 1
1) Heck, Tamara 12	2) Lewis, Payton 12	
3) Drees, Cate 09	4) Johnston, Jersey 09	

Event 20 Boys Distance Medley

School	Finals	Points
1 W Monona 'A'	3:52.29	10
1) Farrens, Micah 12	2) Russell, Grant 12	
3) Bellis, Laken 11	4) McKinley, Eein 12	
2 Lawton-Bronson 'A'	3:59.06	8
1) Garnand, Caler 10	2) Teager, Evan 10	
3) Palsma, Kurtus 12	4) Clausen, Connor 09	
3 Westwood, Sloan 'A'	4:07.79	6
1) Cooper, Tatum 10	2) Landon, Garrett 09	
3) Clayton, Jack 10	4) Muenchrath, Brody 10	
4 Kpwc 'A'	4:09.52	4
1) Neumann, Casey 10	2) Sistrunk, Jameson 11	
3) DeStigter, Joe 09	4) Reblitz, Jackson 11	
5 Ridge View 'A'	4:19.32	2
1) Endrulat, Asher 11	2) Jacobson, Kody 11	
3) Kolpin, Zach 09	4) Todd, Carter 09	
6 Oabcig 'A'	4:20.80	1
1) Leed, Gage 11	2) Hansen, Bodie 10	
3) Spotts, Kade 09	4) Miller, Caiden 10	
7 Mvaocou 'A'	4:31.36	
1) Kuhlmann, Caden 09	2) Hansen, Taylor 12	
3) Morley, Titus 10	4) Zahnley, Drew 11	
8 Siouxland Chr 'A'	4:32.99	
1) Stansberry, Jackson 09	2) Pearson, Hunter 09	
3) Hsu, Christian 10	4) Deurloo, Sam 11	

Event 21 Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Winterrowd, Abby	11 Oabcig	1:03.64	2	10
2 Shull, Jordan	11 Westwood, Sloan	1:04.20	2	8
3 Pittet, Ashlee	09 W Monona	1:04.50	2	6
4 Miller, Kacy	11 W Monona	1:05.34	2	4
5 Seuntjens, Reagan	10 Mvaocou	1:05.77	2	2
6 Haveman, Lela	10 Westwood, Sloan	1:06.01	2	1
7 Olmstead, Kennidy	12 Lawton-Bronson	1:10.33	2	
8 Thompson, Ruby	09 Kpwc	1:10.37	2	
9 Ofert, Ava	09 Kpwc	1:12.67	1	
10 Henningson, Mya	10 Ridge View	1:13.72	1	
11 Endrulat, Jayley	11 Ridge View	1:16.88	1	

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12 Porter, Autumn	10 Siouxland Chr	1:18.82	1
13 Cross, Leah	09 Lawton-Bronson	1:20.35	1
14 Hamann, Gabby	09 Siouxland Chr	1:24.58	1
15 Polly, Ronda	09 Mvaocou	1:31.98	1

Event 22 Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Moseman, Theo	12 Lawton-Bronson	50.62	3	10
2 Morris, Joe	10 Westwood, Sloan	52.62	3	8
3 Winterrowd, Gabe	12 Oabcig	52.69	3	6
4 Jensen, Kellen	10 Ridge View	53.14	3	4
5 Smith, Domenik	10 Lawton-Bronson	54.18	1	2
6 Lewis, Frank	11 Westwood, Sloan	54.25	3	1
7 Boynton, Jesse	12 W Monona	56.69	3	
8 Sorensen, Jeriah	11 W Monona	57.52	3	
9 Havlicek, Ben	10 Kpwc	59.33	2	
10 Huisinga, Wyatt	09 Kpwc	59.98	1	
11 Thomas, Cole	11 River Valley	1:00.89	2	
12 Jensen, Kinnick	09 Ridge View	1:01.50	2	
13 Duncan, Keaton	11 Siouxland Chr	1:04.19	2	
14 Babl, Andrew	12 Mvaocou	1:07.16	2	
15 Bailey, Erik	10 Mvaocou	1:09.55	2	

Event 23 Girls 4x200 Meter Relay

School	Finals	Points
1 Ridge View 'A'	1:51.85	10
1) Phillips, Taya 11	2) Freese, Faith 11	
3) Dutler, Shae 11	4) Mason, Gabi 10	
2 Lawton-Bronson 'A'	1:51.95	8
1) Rubendall, Addison 09	2) Smith, Addison 10	
3) Brouwer, Sydney 11	4) Mahoney, Alice 11	
3 Kpwc 'A'	1:54.15	6
1) Reinking, Allison 12	2) Beelner, Brooklyn 10	
3) Doeschot, Sydney 09	4) Bowman, MaKenna 12	
4 W Monona 'A'	1:55.89	4
1) Miller, Carly 12	2) Cowgill, Renae 11	
3) Woodward, Sophia 10	4) Struble, Jalyyn 11	
5 Oabcig 'A'	1:57.05	2
1) Neubauer, Sydney 09	2) Godbersen, Allie 09	
3) Ahonen, Fiona 11	4) Johnson, Patience 12	
6 Westwood, Sloan 'A'	2:00.80	1
1) Heck, Tamara 12	2) McFarland, Jocelyn 10	
3) Hanner, Ella 11	4) Thompson, Peyton 10	
7 River Valley 'A'	2:05.79	
1) Dausel, Myah 10	2) Goettsch, Alaina 10	
3) Thomas, Maddie 12	4) Dixon, Olivia 10	
8 Mvaocou 'A'	2:10.00	
1) Weber, Braleigh 10	2) Petersen, Madelyn 09	
3) Feddersen, Paige 11	4) Cass, Tawnie 10	

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School	Finals	Points
1 Lawton-Bronson 'A'	1:33.50	10
1) Olesen, Leighton 12	2) Teager, Evan 10	
3) Garnand, Caleb 11	4) Grimsley, Loudon 10	
2 Kpwc 'A'	1:34.58	8
1) Beelner, Conner 12	2) Goodwin, Beau 11	
3) DeStigter, Will 12	4) McGill, Eric 11	
3 Ridge View 'A'	1:38.35	6
1) Wunschel, Kyler 12	2) Movall, Grant 12	
3) Pyle, Austin 12	4) Goettsch, Isaac 11	
4 Westwood, Sloan 'A'	1:38.85	4
1) Cooper, Tatum 10	2) Topf, Carson 11	
3) Dewald, Joe 10	4) Landon, Garrett 09	
5 W Monona 'A'	1:39.06	2
1) Zima, Parker 11	2) Sorensen, Micah 12	
3) Russell, Grant 12	4) Orr, Damian 12	
6 Oabcig 'A'	1:39.58	1
1) Ladwig, Kelton 11	2) Peters, Josh 12	
3) Kolar, Treyten 12	4) Kolar, Brysen 10	
7 Mvaocou 'A'	1:44.39	
1) Dixon, Tanner 09	2) Vann, Jeremiah 10	
3) Spicer, Harry 10	4) Kuhlmann, Mason 10	
8 Siouxland Chr 'A'	1:48.87	
1) Stansberry, Jackson 09	2) Pearson, Hunter 09	
3) Claeys, Elijah 12	4) Pfister, Bennett 09	

Event 25 Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Jensen, Rowan	11 Ridge View	16.23	3	10
2 Shepherd, Tatum	11 Ridge View	16.30	3	8
3 Schroeder, Avery	12 Kpwc	17.66	3	6
4 Hoffman, Anna	10 Oabcig	17.71	3	4
5 Nielsen, Kenai	11 Oabcig	18.05	3	2
6 Oberruter, Renee	10 Mvaocou	18.28	2	1
7 Farrens, Montana	09 W Monona	18.36	3	
8 Beck, Devyn	11 W Monona	18.63	2	
9 Newton, Kaylynn	09 Lawton-Bronson	18.80	1	
10 Archer, Katelyn	12 Kpwc	19.09	3	
11 Scott, Marley	09 Mvaocou	19.55	2	
12 Todd, Sunny	10 River Valley	19.60	2	
13 Turner, Avery	10 Westwood, Sloan	20.17	2	
14 Dietschy, Blair	10 Westwood, Sloan	20.72	2	
15 Stocking, Reagan	12 Siouxland Chr	21.02	1	
16 Amick, Karlee	12 Lawton-Bronson	21.34	2	
17 Nordstrom, Meddie	10 Siouxland Chr	21.63	1	

Event 26 Boys 110 Meter Hurdles

Name	Year School	Finals	H#	Points
1 DeJean, Beckett	12 Oabcig	14.85	2	10
2 Goodwin, Beau	11 Kpwc	15.91	2	8

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3	McFarland, Josiah	10	Westwood, Sloan	16.54	2	6
4	Palsma, Kurtus	12	Lawton-Bronson	16.94	2	4
5	Blum, Drew	12	Ridge View	17.46	2	2
6	Holverson, Aiden	11	W Monona	18.11	2	1
7	Halverson, Ben	09	W Monona	18.32	2	
8	King, Jacob	10	Kpwc	18.73	1	
9	Todd, Dylan	12	Westwood, Sloan	19.34	1	
10	Winkel, Dayne	12	Ridge View	19.69	1	
11	Duncan, Keaton	11	Siouxland Chr	21.49	2	

Event 27 Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Mesz, Jolee	12	Lawton-Bronson	2:33.57	10
2 Broer, Chloe	09	W Monona	2:37.23	8
3 Kozora, Anna	09	River Valley	2:40.00	6
4 Smith, Gwen	12	Lawton-Bronson	2:40.76	4
5 Stowater, Madison	11	Ridge View	2:53.68	2
6 Johnston, Jersey	09	Westwood, Sloan	2:55.87	1
7 Grell, Emily	09	Mvaocou	2:59.23	
8 Madueno, Raquel	12	Westwood, Sloan	3:00.40	
9 Schumaker, Sophia	11	Mvaocou	3:01.16	
10 Cameron, Kierstyn	10	Kpwc	3:06.33	
11 Crawford, Anna	09	W Monona	3:06.59	
12 Stanley, Ellie	11	Siouxland Chr	3:07.91	
13 Willer, Hanna	11	Kpwc	3:18.56	
14 Johnson, Whitney	09	Oabcig	3:31.97	

Event 28 Boys 800 Meter Run

Name	Year	School	Finals	Points
1 Bellis, Laken	11	W Monona	2:08.02	10
2 Forbes, Charlie	10	Mvaocou	2:12.12	8
3 Fester, Johnny	12	W Monona	2:13.54	6
4 Hamann, Kael	10	Mvaocou	2:14.12	4
5 Clausen, Connor	09	Lawton-Bronson	2:15.63	2
6 Breyfogle, Jake	12	Ridge View	2:15.87	1
7 Gilbert, Colby	09	Kpwc	2:24.55	
8 Versch, Hayden	09	Westwood, Sloan	2:31.45	
9 Colbert, Cameron	09	Kpwc	2:32.88	
10 Van Houten, Collin	09	River Valley	2:36.03	
11 Doenhoefer, Robby	10	Lawton-Bronson	2:40.49	
12 Weir, Alex	09	Oabcig	2:53.44	

Event 29 Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Mason, Gabi	10	Ridge View	28.26	2	10
2 Shull, Jordan	11	Westwood, Sloan	28.30	2	8
3 Reinking, Allison	12	Kpwc	28.52	2	6
4 Cowgill, Renae	11	W Monona	28.57	2	4
5 Bowman, MaKenna	12	Kpwc	28.72	2	2

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6	Pittet, Ashlee	09	W Monona	29.18	2	1
7	Kretlow, Arissa	09	Ridge View	29.27	2	
8	Ahonen, Fiona	11	Oabcig	29.97	2	
9	Hanner, Ella	11	Westwood, Sloan	30.28	1	
10	Newton, Kaylynn	09	Lawton-Bronson	31.22	1	
11	Petersen, Madelyn	09	Mvaocou	32.87	1	
12	Taylor, Aubrey	09	Oabcig	34.12	1	
13	Porter, Autumn	10	Siouxland Chr	34.37	1	
14	Peterson, Ella	12	Lawton-Bronson	35.05	1	
15	Biar, Vicky	12	Siouxland Chr	36.30	1	

Event 30 Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Winterrowd, Gabe	12	Oabcig	23.03	3	10
2	Moseman, Theo	12	Lawton-Bronson	23.06	3	8
3	Behrendsen, Ethan	11	Oabcig	23.89	3	6
4	Morris, Joe	10	Westwood, Sloan	23.93	3	4
5	Grimsley, Loudon	10	Lawton-Bronson	24.27	3	2
6	McGill, Eric	11	Kpwc	24.37	3	1
7	Lewis, Frank	11	Westwood, Sloan	24.42	3	
8	Goettsch, Isaac	11	Ridge View	24.57	3	
9	Wing, Ben	12	Siouxland Chr	25.89	2	
10	Sistrunk, Jameson	11	Kpwc	26.19	2	
11	Latimer, Hunter	12	Siouxland Chr	26.21	2	
12	Kuhlmann, Mason	10	Mvaocou	27.33	1	
13	Hanson, Landon	12	W Monona	27.77	2	
14	Gotto, Nathan	11	River Valley	28.57	2	
15	Hansen, Taylor	12	Mvaocou	28.67	1	
16	Harriman, Carson	10	Ridge View	28.98	1	
17	Struble, Carter	12	W Monona	28.99	2	

Event 31 Girls 400 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1	Shepherd, Tatum	11	Ridge View	1:10.25	2	10
2	Jensen, Rowan	11	Ridge View	1:12.03	2	8
3	Winterrowd, Abby	11	Oabcig	1:13.01	2	6
4	Schlenger, Natalie	09	River Valley	1:14.60	2	4
5	Eisenga, Taya	09	Siouxland Chr	1:16.29	2	2
6	Anderson, Riley	09	River Valley	1:16.88	2	1
7	Hoffman, Anna	10	Oabcig	1:17.85	2	
8	Oberruter, Renee	10	Mvaocou	1:20.56	1	
9	Lewis, Grace	09	Westwood, Sloan	1:23.00	1	
10	Rodgers, Hanna	12	Kpwc	1:25.19	1	
11	Beck, Devyn	11	W Monona	1:25.32	1	
12	Coleman, Ava	11	W Monona	1:28.50	1	

Event 32 Boys 400 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1	Farrens, Micah	12	W Monona	57.26	2	10

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2	Beelner, Conner	12	Kpwc	58.67	2	8
3	Dewald, Joe	10	Westwood, Sloan	59.19	2	6
4	Palsma, Kurtus	12	Lawton-Bronson	1:01.83	2	4
5	Jacobson, Clayton	10	Ridge View	1:02.12	2	2
6	Muenchrath, Brody	10	Westwood, Sloan	1:03.54	2	1
7	Kolar, Brysen	10	Oabcig	1:03.55	2	
8	Smith, Ivan	11	Lawton-Bronson	1:04.00	2	
9	Sorensen, Elias	09	W Monona	1:04.95	1	
10	Shepherd, Noah	11	Ridge View	1:07.02	1	
11	Fickbohm, Wyatt	10	Kpwc	1:09.81	1	
12	McCormick, Keaton	10	Mvaocou	1:09.91	1	
13	Duncan, Keaton	11	Siouxland Chr	1:15.11	1	

Event 33 Girls 1500 Meter Run

Name	Year	School	Finals	Points	
1	Vohs, Jaycie	11	Ridge View	5:27.48	10
2	Putze, Rachel	09	Kpwc	5:29.90	8
3	Kozora, Anna	09	River Valley	5:49.12	6
4	Ameen, Cheyenne	10	Lawton-Bronson	5:53.68	4
5	Tesch, Addison	09	Ridge View	5:55.20	2
6	Anderson, Jayleigh	12	W Monona	5:59.30	1
7	Beeson, Olivia	10	Mvaocou	6:01.53	
8	Hannah, CJ	10	Kpwc	6:09.08	
9	Stout, Riven	09	Mvaocou	6:12.24	
10	Christoferson, Keely	09	Westwood, Sloan	6:39.71	
11	Ashley, Ava	10	Lawton-Bronson	6:46.77	
12	Stanley, Ellie	11	Siouxland Chr	7:00.22	
13	Johnson, Addy	11	Westwood, Sloan	7:21.31	
14	Lage, Maggie	11	W Monona	7:33.68	

Event 34 Boys 1600 Meter Run

Name	Year	School	Finals	Points	
1	McKinley, Eein	12	W Monona	4:53.92	10
2	Lynn, Jayce	12	W Monona	4:54.85	8
3	Hamann, Kael	10	Mvaocou	5:04.44	6
4	Koithan, Joey	09	Mvaocou	5:25.84	4
5	Maier, Hunter	09	Oabcig	5:26.22	2
6	Hanson, Odin	09	Ridge View	5:32.44	1
7	Jochims, Cole	09	Ridge View	5:34.50	
8	Metcalf, Devin	09	Kpwc	5:44.55	
9	Van Houten, Collin	09	River Valley	5:52.87	
10	Samway, Quintin	10	Oabcig	5:59.75	
11	Venegas, Javi	09	Lawton-Bronson	5:59.80	
12	Reynolds, Malachi	12	Siouxland Chr	6:04.22	
13	O'Mara, Noah	10	Kpwc	6:18.94	
14	Everett-Joule, Devlin	10	Westwood, Sloan	6:25.14	
15	Cockburn, Brady	09	River Valley	6:28.98	
16	Christoffersen, Korben	09	Westwood, Sloan	6:38.91	

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Event 35 Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Ridge View 'A'	52.05	2	10
1) Phillips, Taya 11	2) Dutler, Shae 11		
3) Mason, Gabi 10	4) Jensen, Rowan 11		
2 Lawton-Bronson 'A'	52.32	2	8
1) Rubendall, Addison 09	2) Mahoney, Alice 11		
3) Brouwer, Sydney 11	4) Smith, Addison 10		
3 W Monona 'A'	53.17	2	6
1) Struble, Jalyn 11	2) Miller, Kacy 11		
3) Miller, Carly 12	4) Cowgill, Renae 11		
4 Kpwc 'A'	53.23	2	4
1) Schroeder, Avery 12	2) King, Emma 10		
3) Reinking, Allison 12	4) Bowman, MaKenna 12		
5 Oabcig 'A'	54.30	2	2
1) Johnson, Patience 12	2) Winterrowd, Abby 11		
3) Godbersen, Allie 09	4) Hoffman, Anna 10		
6 Westwood, Sloan 'A'	55.80	2	1
1) Heck, Tamara 12	2) McFarland, Jocelyn 10		
3) Hanner, Ella 11	4) Thompson, Peyton 10		
7 Mvaocou 'A'	56.38	1	
1) Mammen, Brenna 09	2) Kovarna, Emily 12		
3) Ohlmeier, Trista 10	4) Weber, Braleigh 10		
8 Siouxland Chr 'A'	56.99	1	
1) Kolker, Sasha 11	2) Latimer, Payton 09		
3) Stocking, Reagan 12	4) Nordstrom, Meddie 10		
9 River Valley 'A'	58.12	1	
1) Dausel, Myah 10	2) Dvorak, Mylee 09		
3) Todd, Sunny 10	4) Dixon, Olivia 10		

Event 36 Boys 4x100 Meter Relay

School	Finals	Points
1 Lawton-Bronson 'A'	43.98	10
1) Olesen, Leighton 12	2) Teager, Evan 10	
3) Garnand, Caleb 11	4) Grimsley, Louden 10	
2 Kpwc 'A'	44.98	8
1) Beelner, Conner 12	2) Goodwin, Beau 11	
3) DeStigter, Will 12	4) McGill, Eric 11	
3 Ridge View 'A'	46.75	6
1) Pyle, Austin 12	2) Movall, Grant 12	
3) Kolpin, Zach 09	4) Goettsch, Isaac 11	
4 Oabcig 'A'	47.03	4
1) Ladwig, Kelton 11	2) Peters, Josh 12	
3) DeJean, Beckett 12	4) Kolar, Treyten 12	
5 Westwood, Sloan 'A'	47.34	2
1) McFarland, Josiah 10	2) Cooper, Tatum 10	
3) Topf, Carson 11	4) Lewis, Frank 11	
6 Siouxland Chr 'A'	47.53	1
1) Ball, Ethan 12	2) Latimer, Hunter 12	
3) Claeys, Elijah 12	4) Wing, Ben 12	
7 Mvaocou 'A'	47.95	
1) Vann, Jeremiah 10	2) Spicer, Harry 10	
3) Dixon, Tanner 09	4) Gress, Peyton 10	

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8 W Monona 'A' 48.12
 1) Sorensen, Jeriah 11 2) Komarek, Brayden 10
 3) Zima, Parker 11 4) Orr, Damian 12

Event 37 Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Ridge View 'A'	4:25.91	2	10
1) Freese, Faith 11	2) Stowater, Madison 11		
3) Shepherd, Tatum 11	4) Kretlow, Arissa 09		
2 Lawton-Bronson 'A'	4:26.88	2	8
1) Smith, Gwen 12	2) Olmstead, Kennidy 12		
3) Brouwer, Sydney 11	4) Mesz, Jolee 12		
3 Westwood, Sloan 'A'	4:34.55	2	6
1) Drees, Cate 09	2) Johnson, Brenna 09		
3) Shull, Jordan 11	4) Haveman, Lela 10		
4 River Valley 'A'	4:39.65	2	4
1) Jacobson, Jacy 10	2) Thomas, Maddie 12		
3) Goettsch, Alaina 10	4) Schlenger, Natalie 09		
5 W Monona 'A'	4:39.79	2	2
1) Pittet, Ashlee 09	2) Broer, Chloe 09		
3) Beck, Devyn 11	4) Struble, Jalyyn 11		
6 Kpwc 'A'	4:43.06	2	1
1) Thompson, Ruby 09	2) Ofert, Ava 09		
3) Beelner, Brooklyn 10	4) Peschau, Claire 09		
7 Siouxland Chr 'A'	4:54.63	1	
1) Eisenga, Taya 09	2) Rubida, MacKenzie 09		
3) Latimer, Payton 09	4) Kolker, Sasha 11		
8 Mvaocou 'A'	4:55.41	1	
1) Schumaker, Sophia 11	2) Beeson, Olivia 10		
3) Mammen, Brenna 09	4) Schaffer, Jasmine 11		

Event 38 Boys 4x400 Meter Relay

School	Finals	Points
1 Lawton-Bronson 'A'	3:32.35	10
1) Teager, Evan 10	2) Clausen, Connor 09	
3) Smith, Domenik 10	4) Moseman, Theo 12	
2 W Monona 'A'	3:33.80	8
1) Russell, Grant 12	2) Sorensen, Micah 12	
3) Bellis, Laken 11	4) Boynton, Jesse 12	
3 Ridge View 'A'	3:36.63	6
1) Jensen, Kellen 10	2) Wunschel, Kyler 12	
3) Todd, Jack 10	4) Price, Tracin 12	
4 Kpwc 'A'	3:49.40	4
1) DeStigter, Will 12	2) Reblitz, Jackson 11	
3) Huisinga, Wyatt 09	4) King, Jacob 10	
5 Westwood, Sloan 'A'	3:49.49	2
1) Gengler, Joseph 11	2) McFarland, Josiah 10	
3) Topf, Carson 11	4) Clayton, Jack 10	
6 Mvaocou 'A'	3:51.86	1
1) Gress, Peyton 10	2) Forbes, Charlie 10	
3) Dixon, Tanner 09	4) Koithan, Joey 09	

2023 Western Valley Conference Meet - 5/1/2023

5/1/2023

Results - Western Valley Conference

....Event 38 Boys 4x400 Meter Relay

7 Oabcig 'A' 3:57.90

1) Spotts, Kade 09 2) Miller, Caiden 10

3) Leed, Gage 11 4) Buns, Chance 12

8 Siouxland Chr 'A' 4:17.75

1) Wells, Patrick 09 2) Reynolds, Malachi 12

3) Pfister, Bennett 09 4) Stansberry, Jackson 09

Women - Team Rankings - 19 Events Scored

1) Ridge View	175	2) Lawton-Bronson	91
3) KPWC	86	4) W Monona	69
5) Westwood, Sloan	47	6) OABCIG	43
7) River Valley	40	8) MVAOCOU	28
9) Siouxland Chr	7		

Men - Team Rankings - 19 Events Scored

1) W Monona	117.50	2) OABCIG	115
3) Lawton-Bronson	110	4) Ridge View	73
5) KPWC	68	6) Westwood, Sloan	59.50
7) MVAOCOU	44	8) Siouxland Chr	2