

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****Event 1 Girls 100 Meter Dash Class A**

Name	Year	School	Finals	H#	Points
Finals					
1 Mia Walker	12	Newell-Fonda	13.39	2	10
2 Hadley Ayers	10	Sioux Central	13.51	2	8
3 Tayla Wempen	11	Humboldt	13.88	2	6
4 Avery Wilson	09	Sioux Central	13.90	2	4
5 Kate Sievers	09	Humboldt	14.26	1	2
6 Halee Hauswirth	09	Pocahontas Area	14.42	1	1
7 Alayna Kakacek	09	Pocahontas Area	14.69	2	
8 Taytum Sargent	12	Emmetsburg	15.94	1	
9 Belle Pedersen	12	Newell-Fonda	16.33	1	
10 Justice Wadman	10	Manson NW Webster	19.08	1	
11 Layla Jensen	10	Manson NW Webster	19.34	1	

**Event 2 Girls 100 Meter Dash Class B**

Name	Year	School	Finals	H#	Points
1 Faith Shirbroun	09	St. Edmond, FD	14.17	2	10
2 Clare Gunkelman	09	Alta/Aurelia	14.25	2	8
3 Lana Florine	09	Mmcru	14.45	2	6
4 Lara Pascual Alfaro	11	St. Mary's, SL	14.72	2	4
5 Katie Rierson	09	Pocahontas Area	14.83	2	2
6 Lauren Hoover	09	Pocahontas Area	15.41	1	1
7 Isabelle Landgraf	09	St. Mary's, SL	15.48	2	
8 Ava Rutter	09	Sioux Central	15.92	1	
9 Emily Mosier	10	St. Edmond, FD	17.48	1	
10 Tyranny Mason	10	Alta/Aurelia	18.16	1	
11 Katie Merryfield	09	Mmcru	18.33	1	

**Event 4 Girls 200 Meter Dash Class A**

Name	Year	School	Finals	H#	Points
1 Mia Walker	12	Newell-Fonda	27.41	2	10
2 Rachel Schany	09	Emmetsburg	28.02	2	8
3 Bella Metli	10	Humboldt	28.26	2	6
4 Reata Ayers	09	Sioux Central	29.13	1	4
5 Ryleigh Waldstein	10	Sioux Central	29.47	2	2
6 Ava Messerly	09	Manson NW Webster	29.94	2	1
7 Tiffany Sheets	11	Pocahontas Area	30.58	2	
8 Alayna Kakacek	09	Pocahontas Area	30.77	1	
9 Ava Detrick	09	Humboldt	30.81	1	
10 Jordan Kenyon	11	Manson NW Webster	34.02	1	
11 Megan Dunlap	11	Emmetsburg	34.90	1	
12 Omi Smith	09	Newell-Fonda	35.73	1	

**Event 5 Girls 200 Meter Dash Class B**

Name	Year	School	Finals	H#	Points
1 Allison Watts	11	Alta/Aurelia	27.98	2	10
2 Jaci DeGroot	11	Alta/Aurelia	30.13	2	8
3 Hannah Landwehr	11	St. Edmond, FD	30.48	2	6

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 5 Girls 200 Meter Dash Class B**

4 Evelyn Geisinger	10	Sioux Central	30.56	2	4
5 Lana Florine	09	Mmcru	30.79	2	2
6 Kaili Henning	11	St. Edmond, FD	31.14	1	1
7 Lara Pascual Alfaro	11	St. Mary's, SL	31.59	2	
8 Isabelle Landgraf	09	St. Mary's, SL	33.33	1	
9 Morgan Peters	09	Pocahontas Area	33.72	1	
10 Sarah Sump	10	Pocahontas Area	34.25	1	
11 Sadie Youde	09	Mmcru	35.65	1	

**Event 7 Girls 400 Meter Dash Class A**

Name	Year	School	Finals	H#	Points
1 Mary Walker	12	Newell-Fonda	1:04.07	2	10
2 Jenna Vonnahme	11	Pocahontas Area	1:04.21	2	8
3 Linnea Bloom	10	Sioux Central	1:04.66	2	6
4 Mia Schluter	09	Humboldt	1:10.26	2	4
5 Claire Dieleman	09	Humboldt	1:14.00	2	2
6 Jordan Kenyon	11	Manson NW Webster	1:16.33	1	1
7 Morgan Peters	09	Pocahontas Area	1:16.60	1	
8 Samantha Aljets	10	Manson NW Webster	1:18.05	1	
9 Emily Thompson	09	Emmetsburg	1:20.74	1	
10 Hadlee Trembly	09	Emmetsburg	1:21.72	1	

**Event 8 Girls 400 Meter Dash Class B**

Name	Year	School	Finals	Points
1 Nora Peterson	10	Alta/Aurelia	1:04.53	10
2 Ansley Oswald	10	St. Edmond, FD	1:16.24	8
3 Kerrigan Pedersen	10	Alta/Aurelia	1:20.66	6
4 Addisyn Schmitz	09	St. Edmond, FD	1:21.58	4
5 Isabella Ahlers	11	Mmcru	1:22.20	2
6 Sarah Sump	10	Pocahontas Area	1:25.60	1

**Event 10 Girls 800 Meter Run Class A**

Name	Year	School	Finals	Points
1 Marley Madsen	09	Sioux Central	2:40.84	10
2 Kaitlynn Schuler	12	Pocahontas Area	2:45.17	8
3 Nora Christian	09	Sioux Central	2:45.39	6
4 Isabel Doyle	12	Emmetsburg	2:51.76	4
5 Meg Zweibohmer	10	Humboldt	2:54.92	2
6 Tori Gargano	12	Humboldt	2:57.08	1
7 Emma Krause	10	Emmetsburg	2:59.18	
8 Emma Reis	11	Pocahontas Area	3:03.98	
9 Amber Aljets	11	Manson NW Webster	3:18.05	
10 Ella Niewoehner	10	Manson NW Webster	3:19.42	

**Event 11 Girls 800 Meter Run Class B**

Name	Year	School	Finals	Points
1 Anna Lursen	09	St. Edmond, FD	2:33.37	10

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 11 Girls 800 Meter Run Class B**

2 Brielle Engelmann	12 Alta/Aurelia	2:36.35	8
3 Taylor Robertson	11 Alta/Aurelia	2:48.86	6
4 Bianca Limones	12 St. Mary's, SL	2:55.79	4
5 Karla Limones	10 St. Mary's, SL	2:57.28	2
6 Nevaeh Brauhn	09 Sioux Central	3:07.67	1
7 Sophie Etter	09 Mmcru	3:30.63	

**Event 13 Girls 1500 Meter Run Class A**

Name	Year School	Finals	Points
1 Brynn Malo	09 Humboldt	5:24.19	10
2 Preslie Oswald	12 Manson NW Webster	5:28.93	8
3 Kaitlynn Schuler	12 Pocahontas Area	5:46.08	6
4 Nora Christian	09 Sioux Central	5:52.94	4
5 Alana Malo	11 Humboldt	6:13.64	2
6 Allison Ehlers	11 Sioux Central	6:22.34	1
7 Danica Ringlaben	09 Emmetsburg	6:36.72	
8 Abbie Morton	11 Emmetsburg	7:10.66	

**Event 14 Girls 1500 Meter Run Class B**

Name	Year School	Finals	Points
1 Nora Peterson	10 Alta/Aurelia	5:04.92	10
2 Audrey Etter	10 Mmcru	6:00.00	8
3 Bianca Limones	12 St. Mary's, SL	6:08.75	6
4 Karla Limones	10 St. Mary's, SL	6:12.37	4
5 Isabella Ahlers	11 Mmcru	6:24.43	2
6 Haylea Tillman	10 Sioux Central	6:42.83	1
7 Ava Graham	12 Alta/Aurelia	7:25.77	

**Event 16 Girls 3000 Meter Run Class A**

Name	Year School	Finals	Points
1 Alyssa Richman	10 Manson NW Webster	11:04.41	10
2 Preslie Oswald	12 Manson NW Webster	11:44.84	8
3 Kaitlynn Schuler	12 Pocahontas Area	12:12.53	6
4 Danica Ringlaben	09 Emmetsburg	13:24.19	4
5 Allison Ehlers	11 Sioux Central	13:37.51	2
6 Joslyn Orr	11 Humboldt	13:44.45	1
7 Haylea Tillman	10 Sioux Central	15:12.32	

**Event 17 Girls 3000 Meter Run Class B**

Name	Year School	Finals	Points
1 Nora Peterson	10 Alta/Aurelia	10:41.28	10
2 Audrey Etter	10 Mmcru	13:16.96	8
3 Isabella Ahlers	11 Mmcru	13:31.00	6
4 Lainey Buckendahl	09 Alta/Aurelia	15:35.55	4

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****Event 19 Girls 100 Meter Hurdles Class A**

Name	Year	School	Finals	H#	Points
1 Brynn Webber	12	Sioux Central	16.81	2	10
2 Ryleigh Waldstein	10	Sioux Central	17.26	2	8
3 Emma Auten	12	Emmetsburg	18.22	2	6
4 Kylie Hoffman	09	Emmetsburg	18.71	1	4
5 Jennika Beach	12	Humboldt	18.74	1	2
6 Sami Varangkounh	10	Humboldt	19.24	2	1
7 Miranda Pohlman	12	Manson NW Webster	19.36	2	
8 Lucy Kohnen	10	Manson NW Webster	19.75	2	
9 Lexi Kay Roberts	11	Newell-Fonda	20.37	1	
10 Lauren Hoover	09	Pocahontas Area	20.80	1	
11 Jacalyn Sobotka	11	Pocahontas Area	21.31	1	
12 Katie Kitt	12	Newell-Fonda	25.30	1	

**Event 20 Girls 100 Meter Hurdles Class B**

Name	Year	School	Finals	H#	Points
1 Allison Watts	11	Alta/Aurelia	16.98	2	10
2 Preslie Peterson	11	Sioux Central	17.41	2	8
3 Berkley Johannsen	12	Sioux Central	17.54	2	6
4 Josie Harvey	10	St. Edmond, FD	18.08	2	4
5 Shea Peterson	12	Alta/Aurelia	19.91	2	2
6 Sylvia Hess	12	St. Edmond, FD	21.54	1	1
7 Riley Groves	09	Mmcru	21.93	1	
8 Luz San Martin	10	Mmcru	22.71	1	

**Event 22 Girls 400 Meter Hurdles Class A**

Name	Year	School	Finals	Points
1 Preslie Peterson	11	Sioux Central	1:11.44	10
2 Linnea Bloom	10	Sioux Central	1:13.44	8
3 Sophia Harris	11	Humboldt	1:17.45	6
4 Jenna Vonnahme	11	Pocahontas Area	1:18.75	4
5 Lucy Kohnen	10	Manson NW Webster	1:21.02	2

**Event 23 Girls 400 Meter Hurdles Class B**

Name	Year	School	Finals	Points
1 Quinn Wilkinson	09	Sioux Central	1:15.30	10
2 Hannah Neddermeyer	12	Mmcru	1:17.69	8
3 Shea Peterson	12	Alta/Aurelia	1:18.72	6
4 Josie Harvey	10	St. Edmond, FD	1:19.86	4
5 Hannah Colerick	11	Alta/Aurelia	1:24.96	2
6 Caitlin Wildeman	09	Sioux Central	1:26.27	1

**Event 25 Girls 4x100 Meter Relay Class A**

School	Finals	Points
1 Sioux Central 'A'	52.14	10
1) Hadley Ayers 10		
2) Avery Wilson 09		

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 25 Girls 4x100 Meter Relay Class A**

3) Brynn Webber 12	4) Berkley Johannsen 12		
2 Emmetsburg 'A'		55.96	8
1) Emma Auten 12	2) Rachel Schany 09		
3) Myra Steffen 12	4) Jade Mueller 12		
3 Pocahontas Area 'A'		56.47	6
1) Alayna Kakacek 09	2) Jacalyn Sobotka 11		
3) Halee Hauswirth 09	4) Tiffany Sheets 11		
4 Humboldt 'A'		57.45	4
1) Claire Olson 09	2) Shelbie Heinz 12		
3) Ava Detrick 09	4) Alivia Goodell 09		
5 Newell-Fonda 'A'		57.99	2
1) Izzy Sievers 12	2) Mia Walker 12		
3) Isabel Bartek 11	4) Mary Walker 12		
6 Manson NW Webster 'A'		59.97	1
1) Ava Messerly 09	2) Kyla Egli 10		
3) Emmaly Durschmidt 11	4) Dailyn Marine 12		

**Event 26 Girls 4x100 Meter Relay Class B**

School		Finals	Points
1 St. Edmond, FD 'A'		54.83	10
1) Faith Shirbroun 09	2) Sasha Hess 10		
3) Ellie Knox 10	4) Anna Lursen 09		
2 Alta/Aurelia 'A'		57.35	8
1) Aneissa Yahola 09	2) Kadence Langschwager 09		
3) Caitlyn Mattson 10	4) Jaci DeGroot 11		
3 Pocahontas Area 'A'		1:00.26	6
1) Morgan Peters 09	2) Katie Rierson 09		
3) Ava Ford 10	4) Juliann Welander 10		
4 Sioux Central 'A'		1:00.96	4
1) Ava Rutter 09	2) Kylie Anderson 10		
3) Sigrid Adams 09	4) Adysen Landauer 09		
5 Mmcru 'A'		1:05.93	2
1) Riley Groves 09	2) Sadie Youde 09		
3) Brooklyn Miller 10	4) Rylie Spenner 09		

**Event 28 Girls 4x200 Meter Relay Class A**

School		Finals	Points
1 Humboldt 'A'		1:54.82	10
1) Tayla Wempen 11	2) Shelbie Heinz 12		
3) Morgan Mann 10	4) Bella Metli 10		
2 Sioux Central 'A'		2:00.05	8
1) Hadley Ayers 10	2) Caitlin Wildeman 09		
3) Vivi Orenday 10	4) Reata Ayers 09		
3 Pocahontas Area 'A'		2:07.12	6
1) Morgan Peters 09	2) Madison Vial 10		
3) Katie Rierson 09	4) Khloe Mefferd 09		
4 Emmetsburg 'A'		2:09.47	4
1) Jade Mueller 12	2) Myra Steffen 12		
3) Emily Hall 10	4) Nadia Berkland 11		
5 Manson NW Webster 'A'		2:09.86	2
1) Kiran Jones 11	2) Addison McCullough 09		

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 28 Girls 4x200 Meter Relay Class A**

3) Brylea Prince 10	4) Emmaly Durschmidt 11		
6 Newell-Fonda 'A'		2:11.26	1
1) Maria Camunas 11	2) McKenna Sievers 11		
3) Mylie Hinders 09	4) Sara Valenza 12		

**Event 29 Girls 4x200 Meter Relay Class B**

School		Finals	Points
1 St. Edmond, FD 'A'		1:59.60	10
1) Faith Shirbroun 09	2) Sasha Hess 10		
3) Hannah Landwehr 11	4) Ellie Knox 10		
2 Mmcru 'A'		2:09.67	8
1) Brooklyn Miller 10	2) Hannah Neddermeyer 12		
3) Kaleigha Dreckman 09	4) Lana Florine 09		
3 Sioux Central 'A'		2:11.11	6
1) Ava Rutter 09	2) Kylie Anderson 10		
3) Sigrid Adams 09	4) Adysen Landauer 09		
4 Alta/Aurelia 'A'		2:15.21	4
1) Liliana Castro 10	2) Emily Arnts 12		
3) Brooke Pomeroy 09	4) Aneissa Yahola 09		

**Event 31 Girls 4x400 Meter Relay Class A**

School		Finals	Points
1 Sioux Central 'A'		4:27.69	10
1) Marley Madsen 09	2) Reata Ayers 09		
3) Evelyn Geisinger 10	4) Linnea Bloom 10		
2 Humboldt 'A'		4:30.50	8
1) Payton Elman 09	2) Kate Sievers 09		
3) Bella Metli 10	4) Morgan Mann 10		
3 Emmetsburg 'A'		4:43.64	6
1) Emma Auten 12	2) Emily Hall 10		
3) Isabel Doyle 12	4) Rachel Schany 09		
4 Pocahontas Area 'A'		4:55.71	4
1) Khloe Mefferd 09	2) Addie Lawson 11		
3) Kristin Axman 09	4) Jenna Vonnahme 11		
5 Manson NW Webster 'A'		5:11.57	2
1) Miranda Pohlman 12	2) Emmaly Durschmidt 11		
3) Ella Niewoehner 10	4) Kiran Jones 11		

**Event 32 Girls 4x400 Meter Relay Class B**

School		Finals	Points
1 Alta/Aurelia 'A'		4:32.43	10
1) Hayden Berkland 09	2) Breyer Anderson 10		
3) Clare Gunkelman 09	4) Brielle Engelmann 12		
2 St. Edmond, FD 'A'		5:11.66	8
1) Brianna Saathoff 09	2) Ansley Oswald 10		
3) Claire O'Connor 10	4) Andee Barwin 11		
3 Mmcru 'A'		5:42.50	6
1) Luz San Martin 10	2) Sadie Youde 09		
3) Sophie Etter 09	4) Kaleigha Dreckman 09		

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****Event 34 Girls 4x800 Meter Relay Class A**

School	Finals	Points
1 Sioux Central 'A'	10:39.49	10
1) Evelyn Geisinger 10	2) Linnea Bloom 10	
3) Marley Madsen 09	4) Nora Christian 09	
2 Pocahontas Area 'A'	12:09.91	8
1) Madison Vial 10	2) Addie Lawson 11	
3) Emma Reis 11	4) Kristin Axman 09	
3 Humboldt 'A'	12:10.01	6
1) Alana Malo 11	2) Sarah Numedahl 11	
3) Tori Gargano 12	4) Meg Zweibohmer 10	
4 Emmetsburg 'A'	12:16.56	4
1) Allyson Thompson 11	2) Emma Krause 10	
3) Abbie Morton 11	4) Isabel Doyle 12	
5 Newell-Fonda 'A'	13:04.90	2
1) McKenna Sievers 11	2) Greta Larsen 11	
3) April Meyer 10	4) Macy DeMey 10	

**Event 35 Girls 4x800 Meter Relay Class B**

School	Finals	Points
1 St. Edmond, FD 'A'	10:41.41	10
1) Ellie Knox 10	2) Hannah Landwehr 11	
3) Michaela Leiting 11	4) Anna Lursen 09	
2 Alta/Aurelia 'A'	11:39.70	8
1) Taylor Robertson 11	2) Breyer Anderson 10	
3) Peyton Kies 09	4) Brooke Pomeroy 09	

**Event 37 Girls 800 Sprint Medley Class A**

School	Finals	Points
1 Sioux Central 'A'	2:01.08	10
1) Hadley Ayers 10	2) Avery Wilson 09	
3) Brynn Webber 12	4) Reata Ayers 09	
2 Humboldt 'A'	2:01.70	8
1) Tayla Wempen 11	2) Shelbie Heinz 12	
3) Bella Metli 10	4) Morgan Mann 10	
3 Pocahontas Area 'A'	2:04.02	6
1) Halee Hauswirth 09	2) Tiffany Sheets 11	
3) Jacalyn Sobotka 11	4) Jenna Vonnahme 11	
4 Newell-Fonda 'A'	2:13.55	4
1) Lexi Kay Roberts 11	2) Sara Valenza 12	
3) Kierra Jungers 11	4) Anna Mercer 10	
5 Emmetsburg 'A'	2:15.84	2
1) Kylie Hoffman 09	2) Myra Steffen 12	
3) Jade Mueller 12	4) Emma Auten 12	
6 Manson NW Webster 'A'	2:28.22	1
1) Kiran Jones 11	2) Dailyn Marine 12	
3) Brylea Prince 10	4) Raygin Anderson 09	

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****Event 38 Girls 800 Sprint Medley Class B**

School	Finals	Points
1 Mmcru 'A'	2:14.65	10
1) Brooklyn Miller 10	2) Luz San Martin 10	
3) Kaleigha Dreckman 09	4) Hannah Neddermeyer 12	
2 Sioux Central 'A'	2:15.73	8
1) Ava Rutter 09	2) Adysen Landauer 09	
3) Quinn Wilkinson 09	4) Nevaeh Brauhn 09	
3 St. Mary's, SL 'A'	2:19.13	6
1) Lara Pascual Alfaro 11	2) Isabelle Landgraf 09	
3) Bianca Limones 12	4) Karla Limones 10	
4 St. Edmond, FD 'A'	2:23.38	4
1) Emily Mosier 10	2) Nicole Mosier 10	
3) Addisyn Schmitz 09	4) Claire O'Connor 10	
-- Alta/Aurelia 'A'	DNF	
1) Kadence Langschwager 09	2) Clare Gunkelman 09	
3) Jaci DeGroot 11	4) Brielle Engelmann 12	

**Event 40 Girls Distance Medley Class A**

School	Finals	Points
1 Manson NW Webster 'A'	4:42.82	10
1) Ava Messerly 09	2) Kyla Egli 10	
3) Preslie Oswald 12	4) Alyssa Richman 10	
2 Humboldt 'A'	4:47.18	8
1) Payton Elman 09	2) Claire Olson 09	
3) Sophia Harris 11	4) Brynn Malo 09	
3 Sioux Central 'A'	4:48.43	6
1) Berkley Johannsen 12	2) Ryleigh Waldstein 10	
3) Marley Madsen 09	4) Nora Christian 09	
4 Pocahontas Area 'A'	4:49.64	4
1) Tiffany Sheets 11	2) Jacalyn Sobotka 11	
3) Khloe Mefferd 09	4) Kristin Axman 09	
5 Newell-Fonda 'A'	4:57.92	2
1) Anna Mercer 10	2) Izzy Sievers 12	
3) Kierra Jungers 11	4) Maren Brabec 09	
6 Emmetsburg 'A'	5:33.64	1
1) Kylie Hoffman 09	2) Saige Brown 11	
3) Ashton Peters 10	4) Allyson Thompson 11	

**Event 41 Girls Distance Medley Class B**

School	Finals	Points
1 Alta/Aurelia 'A'	5:00.28	10
1) Kadence Langschwager 09	2) Caitlyn Mattson 10	
3) Breyer Anderson 10	4) Hayden Berkland 09	
2 St. Edmond, FD 'A'	5:15.72	8
1) Kaili Henning 11	2) Sasha Hess 10	
3) Brianna Saathoff 09	4) Andee Barwin 11	
3 Sioux Central 'A'	5:19.91	6
1) Adysen Landauer 09	2) Sigrid Adams 09	
3) Quinn Wilkinson 09	4) Nevaeh Brauhn 09	
4 Mmcru 'A'	6:00.57	4



**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 41 Girls Distance Medley Class B**

- |                    |                         |
|--------------------|-------------------------|
| 1) Riley Groves 09 | 2) Luz San Martin 10    |
| 3) Sadie Youde 09  | 4) Kaleigha Dreckman 09 |

**Event 43 Girls 4x100 Meter Shuttle Hurdle Class A**

School	Finals	Points
1 Sioux Central 'A'	1:06.98	10
1) Ryleigh Waldstein 10	2) Brynn Webber 12	
3) Berkley Johannsen 12	4) Preslie Peterson 11	
2 Humboldt 'A'	1:16.47	8
1) Jennika Beach 12	2) Sami Varangkounh 10	
3) Alivia Goodell 09	4) Claire Dieleman 09	

**Event 44 Girls 4x100 Meter Shuttle Hurdle Class B**

School	Finals	Points
1 Alta/Aurelia 'A'	1:18.91	10
1) Shea Peterson 12	2) Hannah Colerick 11	
3) Caitlyn Mattson 10	4) Allison Watts 11	
2 St. Edmond, FD 'A'	1:23.36	8
1) Ansley Oswald 10	2) Claire O'Connor 10	
3) Mady Halverson 12	4) Josie Harvey 10	
3 Sioux Central 'A'	1:26.55	6
1) Caitlin Wildeman 09	2) Vivi Orenday 10	
3) Kylie Anderson 10	4) Quinn Wilkinson 09	

**Event 46 Girls High Jump Class A**

Name	Year School	Finals	Points
1 Rachel Schany	09 Emmetsburg	5-00.00	10
4-04 4-06 4-08 4-10 5-00 5-02			
O O O O XXX			
2 Lindsey Wolf	10 Newell-Fonda	J5-00.00	8
4-04 4-06 4-08 4-10 5-00 5-02			
P O O O XXO XXX			
3 Addie Lawson	11 Pocahontas Area	4-10.00	6
4-04 4-06 4-08 4-10 5-00			
P O O XXO XXX			
4 Morgan Mann	10 Humboldt	4-08.00	4
4-04 4-06 4-08 4-10			
O O O XXX			
5 Vivi Orenday	10 Sioux Central	J4-08.00	2
4-04 4-06 4-08 4-10			
O XO O XXX			
6 Addison McCullough	09 Manson NW Webster	4-04.00	1
4-04 4-06			
O XXX			
7 Caitlin Wildeman	09 Sioux Central	J4-04.00	
4-04 4-06			
XO XXX			

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 46 Girls High Jump Class A**

7	Lucy Kohnen	10	Manson NW Webster	J4-04.00
	4-04 4-06			
	XO XXX			
--	Fiona Tinken	09	Humboldt	NH
	4-04			
	XXX			

**Event 47 Girls High Jump Class B**

Name	Year	School	Finals	Points
1 Allison Watts	11	Alta/Aurelia	4-10.00	10
	4-04 4-06 4-08 4-10 5-00			
	O O XO O XXX			
2 Hannah Neddermeyer	12	Mmcru	4-06.00	8
	4-04 4-06 4-08			
	XO XO XXX			
3 Hayden Berkland	09	Alta/Aurelia	J4-06.00	6
	4-04 4-06 4-08			
	XO XXO XXX			
4 Claire O'Connor	10	St. Edmond, FD	4-04.00	4
	4-04			
	XO			
--	Kylie Anderson	10	Sioux Central	NH
	4-04			
	XXX			

**Event 49 Girls Long Jump Class A**

Name	Year	School	Finals	Points
1 Mary Walker	12	Newell-Fonda	15-10.75	10
	15-10.75 FOUL FOUL			
2 Preslie Peterson	11	Sioux Central	15-06.75	8
	15-05.75 13-08 15-06.75			
3 Avery Wilson	09	Sioux Central	15-05.00	6
	15-05 14-10.50 15-02.25			
4 Claire Dieleman	09	Humboldt	13-11.75	4
	13-05 13-11.75 13-03.75			
5 Ava Messerly	09	Manson NW Webster	13-11.50	2
	13-02 13-11.50 13-02.75			
6 Tayla Wempen	11	Humboldt	13-09.50	1
	13-09.50 12-08.50 12-07			
7 Madison Vial	10	Pocahontas Area	13-01.00	
	12-02.75 12-11.75 13-01			
8 Juliann Welander	10	Pocahontas Area	12-10.75	
	12-10.75 12-09 12-07.75			
9 Jordan Kenyon	11	Manson NW Webster	12-02.00	
	FOUL FOUL 12-02			

**Event 50 Girls Long Jump Class B**

Name	Year	School	Finals	Points
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**Pocahontas Girls Relays - 4/18/2023****Field  
Results****....Event 50 Girls Long Jump Class B**

1 Anna Lursen	09 St. Edmond, FD	16-00.00	10
14-04 15-04 16-00			
2 Clare Gunkelman	09 Alta/Aurelia	15-06.00	8
15-02.50 15-06 15-03			
3 Addie Lawson	11 Pocahontas Area	14-08.50	6
11-00.75 13-11.50 14-08.50			
4 Jaci DeGroot	11 Alta/Aurelia	14-06.75	4
12-03.75 13-03 14-06.75			
5 Lana Florine	09 Mmcru	14-06.50	2
13-04.75 13-11 14-06.50			
6 Kaitlynn Schuler	12 Pocahontas Area	13-10.75	1
FOUL 13-08 13-10.75			

**Event 52 Girls Discus Throw Class A**

Name	Year School	Finals	Points
1 Ashlynn Works	11 Humboldt	107-09	10
104-01 106-07 107-09 106-02			
2 Alivia Marsh	12 Manson NW Webster	98-11	8
FOUL 98-11 FOUL 95-02			
3 Ava Ford	10 Pocahontas Area	92-01	6
92-01 83-07 86-09 FOUL			
4 Nora Nelson	09 Emmetsburg	87-01	4
FOUL 79-07 69-08 87-01			
5 Ava McCarty	09 Sioux Central	77-09	2
77-09 69-01 FOUL 77-01			
6 Dylan Saathoff	12 Humboldt	76-02	1
64-05 73-00 76-02 66-07			
7 Hannah Illg Keith	12 Sioux Central	75-02	
75-02 72-09 75-00 66-10			
8 Jaicee Vanderhoff	10 Newell-Fonda	74-04	
74-04 FOUL 67-04 73-08			
9 Rilynn Lawman	11 Manson NW Webster	71-08	
62-01 71-08 FOUL 64-10			
10 Paula Licht	10 Emmetsburg	70-11	
70-11 60-01 63-10 FOUL			

**Event 53 Girls Discus Throw Class B**

Name	Year School	Finals	Points
1 Shea Peterson	12 Alta/Aurelia	73-07	10
65-11 73-07 71-02 68-08			
2 Taylor Kragel	10 Sioux Central	68-04	8
FOUL 61-00 67-03 68-04			
3 Jadrien Mier	09 Alta/Aurelia	63-04	6
63-04 FOUL 58-08 FOUL			
4 Grace Ahrendsen	10 Sioux Central	62-07	4
62-07 FOUL 56-07 54-07			
5 Grace Fuller	09 St. Edmond, FD	55-00	2
FOUL 55-00 43-03 54-01			
6 Rylie Spenner	09 Mmcru	50-01	1
50-01 FOUL 45-11 47-03			
7 Sophie Etter	09 Mmcru	46-00	
39-10 46-00 40-04 FOUL			

**Pocahontas Girls Relays - 4/18/2023****Field  
Results****Event 55 Girls Shot Put Class A**

Name	Year	School	Finals	Points
1 Rachel Chapman	11	Emmetsburg	33-00.50	10
32-07.50 33-00.50 32-05				
2 Hannah Illg Keith	12	Sioux Central	32-10.00	8
32-10 31-04 30-10				
3 Ava Ford	10	Pocahontas Area	J32-10.00	6
30-04.50 32-10 29-06.50				
4 Ashlynn Works	11	Humboldt	32-02.50	4
32-02.50 31-11 30-10				
5 Maddy Anderson	11	Emmetsburg	32-01.00	2
32-01 FOUL 31-08.50				
6 Alivia Marsh	12	Manson NW Webster	31-08.00	1
FOUL 31-08 FOUL				
7 Halee Hauswirth	09	Pocahontas Area	30-03.00	
30-03 26-00 29-06.50				
8 Rilynn Lawman	11	Manson NW Webster	28-03.00	
26-09 26-02.50 28-03				
9 Ava McCarty	09	Sioux Central	28-02.00	
28-02 27-09 FOUL				
10 Jaicee Vanderhoff	10	Newell-Fonda	25-09.00	
25-01.50 25-09 24-02				
11 Dylan Saathoff	12	Humboldt	25-02.00	
25-02 23-06 FOUL				

**Event 56 Girls Shot Put Class B**

Name	Year	School	Finals	Points
1 Katie Rierson	09	Pocahontas Area	27-00.50	10
26-07.50 27-00.50 24-01.50				
2 Taylor Kragel	10	Sioux Central	26-06.00	8
24-11.50 25-03 26-06				
3 Ashley Hurtado	10	Mmcru	25-09.00	6
22-03 25-09 25-02				
4 Aydison Ryherd	10	Alta/Aurelia	24-06.50	4
22-10.50 22-08 24-06.50				
5 Autumn Sanow	10	Mmcru	24-05.50	2
22-04 24-05.50 24-03				
6 Jadrien Mier	09	Alta/Aurelia	22-09.00	1
22-09 21-03 20-10				
7 Grace Fuller	09	St. Edmond, FD	19-00.50	
18-07 19-00.50 18-02				

**Women - Class A - Team Rankings - 19 Events Scored**

1) Sioux Central	173	2) Humboldt	121
3) Pocahontas Area	85	4) Emmetsburg	77
5) Newell-Fonda	59	6) Manson NW Webster	58

**Women - Class B - Team Rankings - 19 Events Scored**

1) Alta/Aurelia	199	2) St. Edmond, FD	122
3) MMCRU	91	4) Sioux Central	81
5) Pocahontas Area	27	6) St. Mary's, SL	26