

**MVAOCOU XC Meet 2022 - 9/22/2022****9/22/2022****Rankings****Event 2 Boys 5k Run CC High School**

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 Bendgen, Landon	11 Woodbine V	16:09.10	1
2 Berridge, Dyami	12 Winnebago V	16:16.40	
3 Mirande, Trevor	10 Moc-Floyd Valley V	16:38.30	2
4 Gonzalez, Richard	10 Denison-Schleswig V	17:02.30	3
5 Janzen, Evan	12 Sgt Bluff Luton V	17:04.90	4
6 Wagner, Gunner	10 Woodbine V	17:06.30	5
7 Engel, Parker	11 East Sac County V	17:09.20	6
8 DeYoung, Micah	12 Moc-Floyd Valley V	17:12.50	7
9 Leo, Flores	12 Denison-Schleswig V	17:17.20	8
10 Kael, Hamann	10 Mvaocou V	17:20.50	9
11 Van Der Werff, Ian	10 Moc-Floyd Valley V	17:23.40	10
12 Schmidt, Micah	10 Moc-Floyd Valley V	17:34.80	11
13 Aragon, Isaiah	11 East Sac County V	17:38.00	12
14 Bower, Caleb	09 Hinton V	17:40.20	13
15 Ethan, Perrien	12 Denison-Schleswig V	17:42.00	14
16 Tremel, Thomas	11 Woodbine V	17:42.10	15
17 Moseman, Theo	12 Lawton Bronson V	17:44.10	
18 Vennink, Lane	12 Woodbine V	17:45.30	16
19 Gonzalez, Braulio	10 Sgt Bluff Luton V	17:45.70	17
20 Spersma, Zach	12 Hinton V	17:46.70	18
21 Barry, Adam	10 Woodbine V	17:48.70	19
22 Sporrer, Landon	09 East Sac County V	17:50.30	20
23 Wieseler, Michael	11 Sgt Bluff Luton V	17:51.40	21
24 Forbes, Charlie	10 Mvaocou V	18:02.40	22
25 Anderson, Nathan	10 Moc-Floyd Valley V	18:08.00	23
26 Parker, Ethan	11 Walthill V	18:19.60	
27 Wilford, Justin	11 V-Siouxland	18:23.50	
28 Duerloo, Sammy	11 V-Siouxland	18:23.50	
29 Doughan, Thatcher	09 Moc-Floyd Valley V	18:31.10	24
30 Benson, Marshall	12 Woodbury Cent-KP V	18:36.20	25
31 Meyer, Jayden	11 Mvaocou V	18:38.70	26
32 Vargas-Gaytan, Alejandro	10 Sgt Bluff Luton V	18:45.80	27
33 Ethan, Olsen	10 Denison-Schleswig V	18:46.90	28
34 Wunschel, Kyler	12 Ridge View V	18:48.20	29
35 Hanson, Odin	09 Ridge View V	18:48.80	30
36 Blair, Tristan	11 V-South Cent	18:49.90	31
37 Dorale, Justin	11 Mvaocou V	18:58.50	32
38 Delarosa, Daniel	09 Sgt Bluff Luton V	18:58.90	33
39 Johnson, Xander	10 Woodbine V	18:58.90	34
40 Wheeler, Easton	12 Sgt Bluff Luton V	18:59.70	35
41 Woodall, Ben	11 South O'Brien V	19:00.70	
42 Nelson, Cooper	10 Hinton V	19:01.60	36
43 Potts, Redge	10 V-South Cent	19:08.40	37
44 Bisenius, Brody	10 Ridge View V	19:12.50	38
45 Koithan, Joey	09 Mvaocou V	19:14.50	39
46 Metcalf, Devin	09 Woodbury Cent-KP V	19:17.90	40
47 Bailey, Caydon	10 Mvaocou V	19:23.80	41
48 Engel, Owen	09 East Sac County V	19:25.60	42
49 Trey, Burgmeyer	11 Woodbine V	19:26.50	43
50 Thielen, Joe	09 V-South Cent	19:34.40	44
51 Smith, Wyatt	09 East Sac County V	19:35.50	45
52 Wheelock, Eli	12 V-South Cent	19:37.20	46

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53 Forristal, Matthew	11 Ridge View V	19:54.80	47
54 Seuntjens, Carson	12 Woodbury Cent-KP V	20:21.10	48
55 Campos, Chris	12 Denison-Schleswig V	20:27.70	49
56 Forristal, Robert	09 Ridge View V	20:29.20	50
57 Jenkins, Carter	11 Westwood V	20:48.70	
58 Hsu, Christian	10 V-Siouxland	20:53.50	
59 Burley, Nathan	11 V-South Cent	21:01.30	51
60 Colbert, Cameron	09 Woodbury Cent-KP V	21:02.20	52
61 Zahnley, Drew	10 Mvaocou V	21:15.30	53
62 Werner, Tristan	09 Ridge View V	21:17.50	54
63 Jochims, Cole	09 Ridge View V	21:26.50	55
64 Greigg, Ian	10 Hinton V	21:31.40	56
65 Evans, Brett	10 South O'Brien V	22:01.00	
66 Whipkey, Nik	12 V-South Cent	22:25.10	57
67 Scott, Owen	09 Westwood V	22:27.90	
68 Jagodzinske, Evan	09 Woodbury Cent-KP V	22:32.50	58
69 Schwarz, Ethan	10 South O'Brien V	23:02.20	
70 Nath, Matt	11 V-South Cent	23:06.40	59
71 O'Mara, Noah	11 Woodbury Cent-KP V	23:16.50	60
72 Sudbeck, Carson	10 Hinton V	23:40.20	61
73 Willis, Kaedyn	09 Woodbury Cent-KP V	23:47.60	62
74 Rounds, Dominic	09 South O'Brien V	24:04.20	
75 George, Alex	12 Winnebago V	24:24.70	
76 DeCora, Eugene	11 Winnebago V	24:26.40	
77 Bethune, Cole	10 Whiting V	25:48.60	
78 Christoffersen, Korben	09 Westwood V	25:52.10	
79 Rich, Isaac	09 Whiting V	26:20.10	
80 Lyons, Ivan	09 Walthill V	29:26.20	

**Junior Varsity Results 5000 Run**

1 Ledesma, Ivan	09 Denison-Schleswig	18:03.10	1
2 Gamble, Hayden	12 Sgt Bluff Luton	18:27.70	2
3 Hulstein, Gerrit	10 Moc-Floyd Valley	18:43.10	3
4 Larrabee, Ayden	09 Sgt Bluff Luton	18:49.90	4
5 Konopasek, Owen	10 Sgt Bluff Luton	19:11.20	5
6 Gonzalez, Emiliano	11 Sgt Bluff Luton	19:16.30	6
7 Smit, Tegegn	09 Moc-Floyd Valley	19:27.40	7
8 Zamago, Alberto	11 Denison-Schleswig	19:29.80	8
9 Van Gelder, Carter	09 Moc-Floyd Valley	19:38.10	9
10 Reyes, Jaciel	09 Moc-Floyd Valley	19:39.30	10
11 Katt, Cooper	09 Moc-Floyd Valley	19:43.50	11
12 Moeller, Charlie	11 Moc-Floyd Valley	19:45.30	12
13 VanWyhe, Dalton	11 Sgt Bluff Luton	19:59.70	13
14 McGregor, Kasey	10 Sgt Bluff Luton	19:59.90	14
15 Bonnema, James	10 Moc-Floyd Valley	20:00.30	15
16 MacClure, Nathaniel	11 Sgt Bluff Luton	20:01.00	16
17 Sweum, Kellen	11 Sgt Bluff Luton	20:01.90	
18 Brennan, Cody	10 Moc-Floyd Valley	20:28.20	
19 Sundarem, Sairam	11 Sgt Bluff Luton	20:29.90	
20 Skogland, Ethan	11 Sgt Bluff Luton	20:38.70	
21 Huang, Jerry	09 Moc-Floyd Valley	20:40.70	
22 Zamago, Carlos	09 Denison-Schleswig	20:43.30	17
23 Beyer, Vincent	11 Sgt Bluff Luton	20:43.50	
24 Altena, Adrian	11 Ridge View	20:53.40	18
25 Myers, Nathan	10 Sgt Bluff Luton	20:55.10	
26 Diaz, Juan	11 Denison-Schleswig	20:58.00	19



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2	Moc-Floyd Valley	40	3	7	9	10	11	12	15
	Total Time:	1:37:11.40							
	Average:	19:26.28							
3	Denison-Schleswig	67	1	8	17	19	22	25	
	Total Time:	1:41:21.40							
	Average:	20:16.28							
4	Woodbine	119	20	21	23	27	28		
	Total Time:	1:53:31.80							
	Average:	22:42.36							
5	Ridge View	127	18	24	26	29	30	31	32
	Total Time:	1:58:27.20							
	Average:	23:41.44							
Varsity Results 5000 Run									
1	Moc-Floyd Valley V	53	2	7	10	11	23	24	
	Total Time:	1:26:57.00							
	Average:	17:23.40							
2	Woodbine V	56	1	5	15	16	19	34	43
	Total Time:	1:26:31.50							
	Average:	17:18.30							
3	Sgt Bluff Luton V	102	4	17	21	27	33	35	
	Total Time:	1:30:26.70							
	Average:	18:05.34							
4	Denison-Schleswig V	102	3	8	14	28	49		
	Total Time:	1:31:16.10							
	Average:	18:15.22							
5	East Sac County V	125	6	12	20	42	45		
	Total Time:	1:31:38.60							
	Average:	18:19.72							
6	Mvaocou V	128	9	22	26	32	39	41	53
	Total Time:	1:32:14.60							
	Average:	18:26.92							
7	Hinton V	184	13	18	36	56	61		
	Total Time:	1:39:40.10							
	Average:	19:56.02							
8	Ridge View V	194	29	30	38	47	50	54	55
	Total Time:	1:37:13.50							
	Average:	19:26.70							
9	South Central Calhoun V	209	31	37	44	46	51	57	59
	Total Time:	1:38:11.20							
	Average:	19:38.24							
10	Woodbury Cent-KP V	223	25	40	48	52	58	60	62
	Total Time:	1:41:49.90							
	Average:	20:21.98							