

Lakes Conference



**Cherokee
Braves**



**Estherville Lincoln Central
Midgets**



**Spencer
Tigers**



**Spirit Lake
Indians**



**Storm Lake
Tornadoes**

2022 Lakes All Conference Volleyball

First Team

Ava Anderson- JR, Cherokee
Harper Benson- JR, Cherokee
Jada Timmerman- JR, Cherokee*
Haley Nissen-Soph, ELC*
Lauren Carlson-SR, Spirit Lake
Taylor Schneider- SR, Spirit Lake

*Unanimous Selection

Second Team

Keylee Gregg- Soph, Cherokee
Jersie Nitchals- JR, ELC
Piper Quastad- JR, ELC
Jada Piercy- SR, Spencer
Fran Travis- JR, Spirit Lake
Maddison Raveling- Soph, Storm Lake

Honorable Mention

Laney Wolfswinkel- Soph, Cherokee
Mara White- Soph, ELC
Hallie Dewall- SR, Spirit Lake
Jerra Merchant- SR, Spencer
Hailey Anderson- JR, Storm Lake

Final Standings

Cherokee	4-0	25-12
Spirit Lake	3-1	20-16
ELC	2-2	22-16
Spencer	1-3	8-27
Storm Lake	0-4	5-20

2022 Lakes All Academic Team

1st All Conference Academic (3.50 or Above GPA)

Cherokee: Kenna Mongan- SR, Ava Anderson- JR, Jada Timmerman- JR, Harper Benson- JR, Addyson Plgott- Soph, Laney Wolfswinkel- Soph

ELC: Emily Regelstad- SR, Audree Reinhardt- SR, Kiera Dalen- JR, Kennedy Paul- JR, Piper Quastad- JR, Josie Danner- Soph, Taylor Kloucek- Soph, Haley Nissen- Soph, Hillary Ruschy- Soph, Kali Thiel- Soph, Mara White- Soph

Spencer: Jerra Merchant - SR, Jada Piercy- SR, Elli Heisinger- SR, Meredith Baker- JR Tyriana Vail- JR, Lauren Horst- Soph, Addison Hoben- Soph

Spirit Lake: Carly Bakke-SR, Emma Henrickson-SR, Mackenzie Kauffman-SR, Taylor Schneider-SR, Ellie Richter-JR Fran Travis-JR, Ella Turner-JR, Emma Whiting-JR, Abby Scott- Soph

Storm Lake: Amy Slight- SR, Hailey Anderson-JR, Mackenzie Harder- Soph, Lillie Hoffman-Soph, Kennadie Miller- Soph, Maddison Raveling- Soph

Honorable Mention (3.25-3.49)

Cherokee: Keylee Gregg- Soph

ELC: Jersie Nitchals- JR, Sahara White- Soph

Spirit Lake: Hallie Dewall-SR

Storm Lake: Irelyn Ahlers- JR